

PERFORMANCE PATHWAYS

*Inspire
Engage
Achieve*



SNT Flippers Program



SNT Youth Performance Program



Emerging Talent Program



Junior Development Program



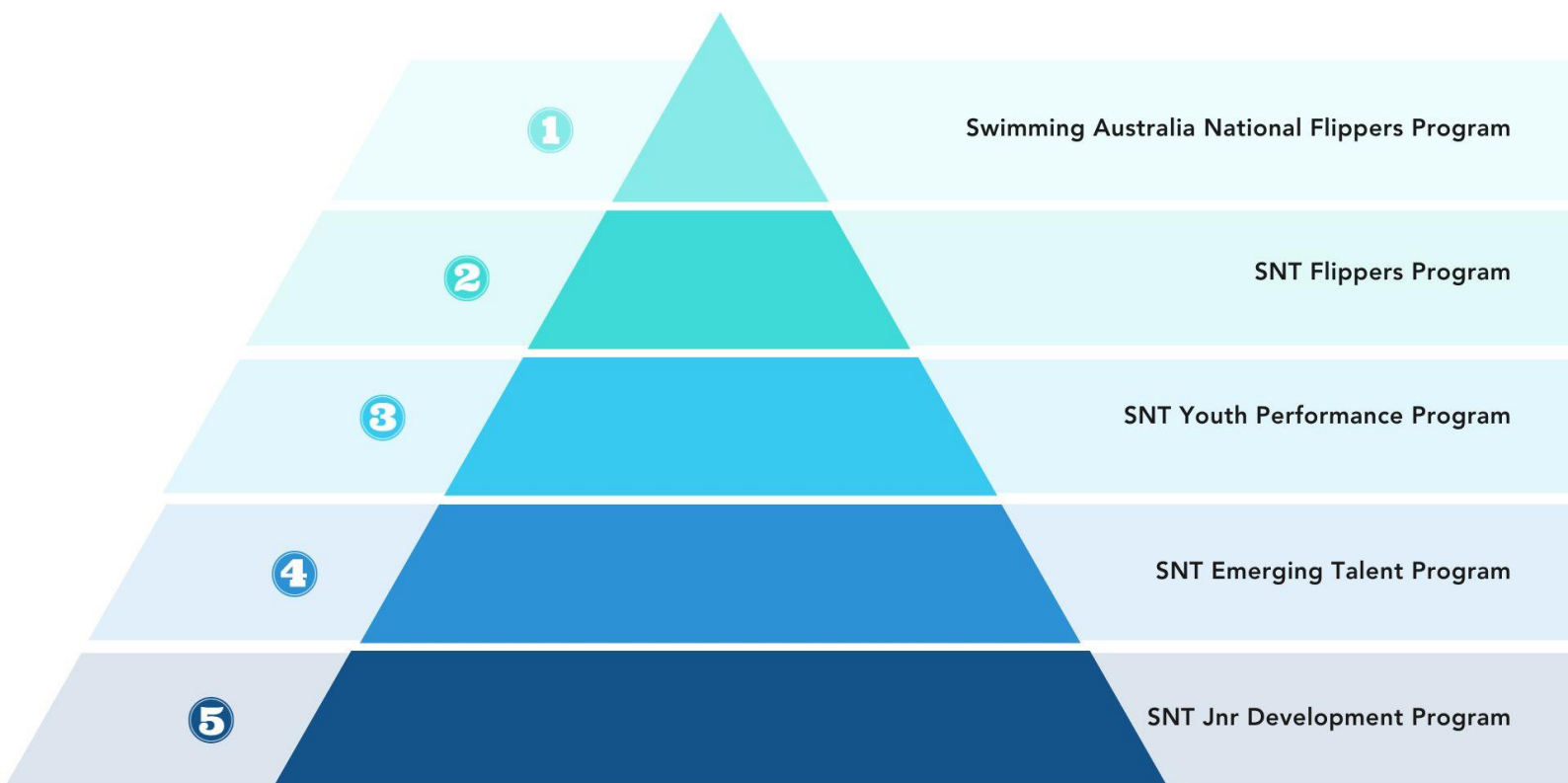


Swimming Northern Territory Performance Pathway Programs

Swimming Northern Territory has developed the SNT Performance Pathway Programs to identify and develop SNT swimmers and coaches with the determination of providing the tools and knowledge to achieve their goals and fulfil their potential, both in and out of the pool. The purpose of this performance pathway program is to ultimately prepare swimmers to be future Australian Dolphins through the provision of a variety of activities that add value to their daily training environment.

Working within Swimming Australia's '[Australian Swimmer Framework](#)', developed in conjunction with the Australian Institute of Sport, the goal of the SNT Performance Pathway Programs is to provide swimmers and coaches with a clearly structured pathway of progression towards fulfilling their ultimate potential through the creation, management and provision of innovative and exciting educational and enhancement opportunities in swimming and life. Through the establishment of talent identification and baseline testing activities, seminar and workshop activities from our Premium Partners, exceptional coach mentoring and development and superior skills clinics for both para and able-bodied swimmers, these programs are designed to ensure every opportunity available is provided to empower the experiences of each participant on the journey towards Brisbane 2032.

Swimming Northern Territory Performance Pathway





PERFORMANCE PATHWAYS PROGRAM ELIGIBILITY AND GENERAL SELECTION CRITERIA

To be eligible for the SNT Performance Pathway Programs, a swimmer must:

- Be a current financial member of SNT and have a primary membership with a SNT Full member affiliate club and remain so throughout the duration of involvement in the program.
- Be a permanent resident of the Northern Territory at the date of selection and remain so throughout the duration of involvement in the program.
- Upon selection, agree and adhere to the relevant terms and conditions outlined in the Athlete Agreement and Team Code of Conduct documents.
- Contribute financially to the activities outlined in the program that they are a member of (details outlined in the Athlete Agreement).
- Individual eligibility criteria for each program will be outlined in the program descriptions below.

To be eligible for the SNT Performance Pathway Programs, a coach must:

- Be a current financial member of SNT and have a primary membership with a SNT Full member affiliate club and remain so throughout the duration of involvement in the program.
- Be a permanent resident of the Northern Territory at the date of selection and remain so throughout the duration of involvement in the program.
- Upon selection, agree and adhere to the relevant terms and conditions outlined in the Athlete Agreement and Team Code of Conduct documents.
- Be committed to help NT swimmers reach their fullest potential, irrespective of current club membership.

Other constraints pertaining to the SNT Performance Pathway Programs that will determine selection and eligibility include:

- The number of swimmers in each program will be at the absolute discretion of Swimming Northern Territory and be subject to applicable budget and availability of resources.
- Swimming Australia categorised athletes C1-C4 are ineligible for selection into a state-based program but may be invited to attend by SNT.
- SNT, at its absolute discretion, may consider the addition of athletes under special circumstances.

These criteria are correct at the time of publishing, but may be refined by SNT, at its absolute discretion, on a needs basis at any time.



SNT Emerging Talent Program – Marlins Squad

PROGRAM DESCRIPTION AND OBJECTIVES

The Swimming Northern Territory Emerging Talent Program is the fourth tier of the pathway program that will provide a pathway for those swimmers looking to advance their capability as a swimmer within the Northern Territory. This program seeks to develop swimmers to achieve SNT Championship podium over the short / medium term, before moving forward into the SNT Youth Performance Program and achieving higher levels within the sport of swimming and a life-long love of healthy activities and behaviours.

The SNT Emerging Talent Program is designed to provide those swimmers that are relatively new to swimming or looking to increase their involvement with the sport. SNT have partnered with local subject matter experts (SME) that will be available throughout the program and individually outside the program to provide swimmers and coaches with the tools necessary to achieve everything they desire out of this great sport.

The SNT Emerging Talent Program will include clinics, activities and potentially tours with the objective of improving athletic performance, learning about individual and team values, behaviours and actions, while providing access to education around a range of specialist areas, such as performance mindset, nutrition, strength and conditioning and much more. The foundation of the program will be around having fun in a swimming environment whilst gaining the knowledge to enhance your time in the sport and advance to greater levels of development, if you believe that is your individual goal.

The SNT Emerging Talent Program supports swimmers who are ready to develop themselves to progress to Championship finals or even podium level performances at SNT Championship events. Swimmers are determined to be at the F2 to F3 levels of the [Australian Swimming Framework](#) (ASF).

SELECTION AND ELIGIBILITY CRITERIA

To be eligible for the SNT Emerging Talent Program, an athlete must:

- Meet the requirements outlined in the eligibility and general selection criteria.
- Be aged between 12yrs and 16yrs prior to selection into the program.
- Achieved the ETP qualifying times in a minimum of 2 events (excluding the combination of the 50m and 100m freestyle).
- Selected based on times swum at any SNT LC or SC Qualifying meet, including SNT Championship, or other Member Organisation state championship events as follows:

8th placed time into 2023 World Junior Championships (pool) finals:

- plus 30% for females and males aged 16 years.
- plus 32.5% for females and males aged 15 years.
- plus 35% for females and males aged 14 years.
- plus 37.5% for females aged 13 years and 42.5% for males aged 13 years.
- plus 40% for females aged 12 years and 47.5% for males aged 12 years.
- Short course times will be converted by adding 2% to be eligible for use.
- Times will be taken from 1st May – 30th April the year proceeding the program.
- Have attended at least one of the following SNT hosted events:
 - 🏊 2024 NT Swimming Championships.
 - 🏊 2023 SNT SC Championships.
 - 🏊 2023 Country Swimming Championships.
- Agree to the SNT Athlete Development Agreement.





Swimmers may be recommended, by coaches only, for inclusion into the SNT Emerging Talent Program through discretionary qualification. At the discretion of Swimming Northern Territory these swimmers may be included into the program based on, but not limited to, the following factors:

- Proximity to automatic qualification standards.
- Date of Birth.
- Positioning within Swimming Northern Territory Rankings
- Apparent need for further development of the individual swimmer.

Any additional selections will be agreed by SNT management if the recognised swimmers' performance indicates accelerated progress and an improved trainability benchmarks and profile.

PROGRAM ACTIVITIES

Selection into the SNT Emerging Talent Program enables swimmers to be considered for specific Swimming Northern Territory activities with the aim of preparing identified athletes to successfully compete on the competitively at Northern Territory Championship events.

These may include:

- Swimmer Enhancement Training (SET) including stroke and/or skill specific clinics and training sessions.
- Invitation to SNT Youth Performance Activities.
- Access to JX Clinic Programs for swimmers meeting age criteria for JX.
- Involvement in educational opportunities.
- Involvement in Interstate event experiences – specifically through School Swimming.

Swimmer Enhancement Training (SET)

The objective of the program is to identify and assist swimmers who are preparing for success at a Territory level, with the aim to improving to the SNT Championship final and podium level. These swimmers are being carefully developed with a long-term aim of the Brisbane 2032 Olympics.

Fun, clinic-based activities will be provided to progress and evolve each swimmers' core skills and stroke development, arming them with a set of tools that will enhance their overall swimming ability. This development training will provide exposure to education and clinics that will serve to accelerate their development, their skills and achieve their individual goals, in a less intense environment.

Invitation to Youth Performance Activities

Those swimmers who excel within the SNT Emerging Talent Program may be invited to attend specific SNT Youth Performance Program activities, throughout the season that will provide specific developmental learnings through exposure to training, clinics, educational opportunities and/or competition that will assist to help fast track each swimmers' development. This invitation will be at the discretion of SNT management and the applicable coaches. Swimmers must display exemplary behavioural standards and dedication to the sport to warrant any invitation.

The design of these activities and swimmer selection will be led by the SNT Performance Pathway Manager or equivalent. The activities may include training camps, competition experience, educational exposure, or a combination of all.





JX Clinic Programs

Members of the Emerging Talent Program are eligible to be a part of the Swimming Australia / Phoenix Foundation Junior Excellence (JX) Programs. This includes receiving notifications from Swimming Australia regarding progression through the different standards, as well as receipt of the supplied JX merchandise at the end of the season.

Swimming Northern Territory will also be conducting two JX clinics throughout the year, the first in March 2024, with the second during the 2024 Country Swimming Championships in September 2024. All Emerging Talent Program Members will receive access to one JX clinic free of charge.

Educational Opportunities

Members of the SNT Emerging Talent Squad will be provided with access to several educational materials provided by our program partners that are of a generic nature, but agreements with our suppliers will give discounted access to any specific engagements or opportunities throughout the year with these partners. These materials and opportunities will be through SNT partnership agreements with Subject Matter Expert's in the areas of exercise physiology, sports psychology, sporting integrity, values and behaviours, strength and conditioning, and much more.

Interstate Event Experiences

As part of the SNT Emerging Talent Program, SNT may engage in the possibility of squad members partaking in an invitation only team tours designed to provide valuable experience, including:

- ✚ Valued higher-level competition designed to improve swimmer capabilities.
- ✚ Enhanced team-building and bonding experiences that enable swimmers to travel along this journey with supportive team-mates.
- ✚ Compete against and build potentially life-long friends with like-minded people.
- ✚ Provide unique experiences, to enable sufficient exposure to team situations that will empower increased adaptation at higher levels of swimming.
- ✚ Building life-long skills such as independence, resilience, self-belief and self-confidence, teamwork, dedication, commitment, etc.

Swimmers will need to meet the event selection criteria in order to be considered for each touring team.

SNT Emerging Talent Program Qualifying Times will appear in Appendix 1.

SNT Emerging Talent Program Selected Swimmers will appear in Appendix 2.

