

Meet Program



2024 New Season SC Meet Olympic Edition

Parap Pool 77 Ross Smith Avenue, Parap Saturday 13th July 2024

> Warm-up – 4:00pm Racing – 5:00pm



snap fitness 24/7











FOOD FIRST

REAL FOOD. REAL BENEFITS. **NO RISK.**

NO ONE EVER TESTED **POSITIVE** FOR **BROCCOLI**.

Recent research found that 1 in 3 supplements sold in Australia contained an ingredient banned in sport.

Why take the risk of testing positive to a protein powder?

BROCCOLEGS

A state of physical eliteness gained from a broccoli inclusive diet.



Download the **Sport Integrity app** to reduce your risk of testing positive from a supplement or medication.



Swimming Northern Territory sincerely welcomes all competitors, coaches, team managers, volunteers and technical officials to the 2024 SNT New Season SC Meet, held at Parap Pool on Saturday 13th July 2024.

The following clubs are represented at this meet:

Team		Swimmers
1	Alice Springs Swim Club	1
2	Casuarina Swim Club	14
3	Darwin Buffaloes Swim Club	1
4	Darwin Stingers Swim Club	2
5	Darwin Swim Club	40
6	Nightcliff Swim Club	26
7	Nightcliff Masters Swim Club	1
8	Warrnambool Swim Club	2
	Total	87

Swimming Northern Territory would like to thank the following for their support and contribution to this meet and swimming in the Northern Territory in general.

- Parap Pool management (YMCA) for hosting this meet and the City of Darwin for their ongoing support.
- Our Clubs, their committee members, coaches, club team managers and volunteers who enable swim clubs to continue to promote this great sport.
- All our Officials & Committee members who volunteer their time to make it possible to run our meets in the territory.
- All parents who drive, feed, support, congratulate and encourage their swimmers.
- And mostly, the swimmers. Thank you for your hard work, dedication and effort in becoming better people, whilst gaining lifetime memories and friendships through your participation and fulfilment of your potential in the pool.

Interested in becoming a Technical Official?

Have you ever wondered what it takes to be able to help at a meet? Have you considered what it takes to run an SQ-sanctioned meet? Would you like to participate in your child's sport, and support yours and many other kids as they strive to achieve their best?

Swimming NT offers pathways for all levels of TO's.

The best place to be pool side!

Come down and see Swimming NT staff to get involved!

Please contact Kate Reynolds – technicalmanager@nt.swimming.org.au













Notes for the event

- 1. This meet will be conducted under the Swimming Australia and World Aquatics rules, as well as the SNT Competition Rules, where applicable.
- 2. All competitors must at the time of competing, be a registered Competitive Member of a Swimming Club, which is duly affiliated, with SAL.
- 3. The age of competitors shall be as of the 13th July 2024.
- 4. On the day late entries will **NOT** be accepted, under any circumstances.
- By entering this swim meet all swimmers and attendees agree to adhere to the Swimming Northern Territory code of conduct. The code of conduct can be found at the following link.
 CODE OF CONDUCT LINK.
- 6. Warm-up commences for at 4:00pm, with the first race to commence at 5:00pm.
- 7. Dive starts and pace work during warm-up will be allocated for Lanes 0 and 9.
- 8. After the commencement of the meet, lanes within the 25m pool area have been allocated for a warm-up / warm-down swimming area.
- 9. For the 400m Freestyle, swimmers (or their Coach / Team Manager) are to confirm their intention to swim at the Control Booth a minimum of 30min prior to the published start time of the relevant event. Failure to confirm their intention to swim may be taken as a withdrawal. Confirmed swimmers should then follow the self-marshalling procedures.
- 10. The Pool Deck area must be kept clear to enable all officials to carry out their duties during the running of the Meet.
 - No person shall walk on the pool deck between the pool end and the timekeepers.
 - No person shall walk along the poolside during any event.
 - No person shall enter the water between races unless instructed to do so by an official.
- 11. Heats may be combined / eliminate or changed at the discretion of the Referee / Chief Referee.
- 12. The 'one start' rule will be used at this meet.
- 13. Self-Marshalling will be used for this meet. Swimmers will need to be in the self-marshalling zone at least 4 heat prior to the commencement of their heat for all 50m and 100m events and 2 heats prior for any 200m or above events. All clubs are recommended to provide team managers to assist their swimmers keep track of proceedings and to ensure swimmers are in the self-marshalling zone at the appropriate time.
- 14. The Referee will call the swimmers to their position on their blocks with a long whistle blast.
- 15. The Starter will call "take your marks"; the swimmers will assume their starting positions and remain stationary until the starting device is sounded.
- 16. Any swimmer may be disqualified if they delay the start or wilfully disobey an instruction from the Starter.
- 17. At the completion of each heat, the swimmers must remain in their lanes until all competitors in the race have finished. Swimmers will then leave the water at the direction of the Referee, with a quick double blast of the whistle, **by the side of the pool**.
- 18. All protests are to be submitted in writing by a responsible team leader together with a \$100 deposit with the Referee no later than 30 minutes after the announcement of the results or disqualifications.
- 19. The Referee will be the sole arbitrator of all disputes and his/her decision will be final.
- 20. In nominating for this meet, swimmers agreed that they may be photographed by Swimming Northern Territory and approved Club photographers; the images may used by Swimming Northern territory and the Club at its discretion.













- 21. Results will be published in near real time during this meet via the Meet Mobile application. However, please note:
 - Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only.
 - Official meet results are printed by officials during this meet and posted in a prominent position.
 - Official results will also be published within 48hrs of the completion of this Championship on the Swimming Northern Territory website event pages as well as uploaded to Swim Central.

IMPORTANT INFORMATION

Venue Access - Entry Procedure

Entry will be through the main entrance to Parap Pool.

SNT Strongly encourages that YOU DO NOT ATTEND IF:

- You have tested positive for COVID within the last 7 days.
- You are experiencing any symptoms of COVID19.
- You are experiencing any cold or flu like symptoms or feel unwell.
- You have been tested for COVID19 and have not yet received your results.
- You have been deemed a close contact with a positive COVID19 case within the last 7 days.

Allocated Seating Areas

There is no allocated seating areas for clubs. Swimmers and parents are free to sit where they feel comfortable, but preferably within their own club areas.

Pool Deck Access and Flow

Walkways around the pool are always to be kept clear and unobstructed, with no congregating. These walkways provide access to all necessary areas of the pool and should be utilised to get to the competition and warm-up/warm-down pool, to speak to your coaches, the toilets / change rooms, the competition area entry and exit, if required.

Self-Marshalling

This is a self-marshalling event. Please be mindful of your events, heats and lane numbers. You are to report to the self-marshalling zone at least 4 heats prior to your own, so you are ready to go and can be verified by the check starter as swimming. If you happen to miss your race, you are to quickly make your way to the help desk to be reallocated, if possible. The help desk official will inform the referee. At the discretion of the referee, you will then be placed into another heat, if possible.

Team managers may be utilised by each club to assist swimmers throughout the day. Please assist your team managers by listening and ensuring you are paying attention to their given directions. Team managers will be made up of club parents or coaches, so please make yourself known to them on arrival.











SEEN SOMETHING? HEARD SOMETHING? SAY SOMETHING.

If you have seen, heard or experienced discrimination in your sport, report it to Sport Integrity Australia.

Sport Integrity Australia can independently investigate discrimination in your sport.

REPORT NOW



For more information phone our Safe Sport Hotline at **1800 161 361**, enquire at **1300 027 232** or visit <u>sportintegrity.gov.au</u>

SPORT INTEGRITY AUSTRALIA



Food and Drinks

All meet attendees are encouraged to bring some food and drink with you to the meet as there will be no food provided at the meet. However, the canteen at the pool is open for takeaway.

Timekeeping Roster

Timekeepers are required to be supplied by the following clubs please. At this stage, we are only requiring 1 timekeeper per lane for this meet.

Lane 0	Nightcliff
Lane 1	Nightcliff
Lane 2	Nightcliff
Lane 3	Darwin
Lane 4	Darwin
Lane 5	Darwin
Lane 6	Darwin
Lane 7	Darwin
Lane 8	Casuarina
Lane 9	Casuarina

Warm-Up Procedures

NOTE: Warm up commences at 4:00pm for this meet. Diving may only take place in lanes 0 and 9 during the warm-up under the direction of an accredited coach.

Lane 0	Dives and Short Sprints
Lane 1	General Warm-up
Lane 2	General Warm-up
Lane 3	General Warm-up
Lane 4	General Warm-up
Lane 5	General Warm-up
Lane 6	General Warm-up
Lane 7	General Warm-up
Lane 8	Dives and Short Sprints
Lane 9	MC Swimmers Only

Warm Up Concludes 10min Prior to the Scheduled race start time











2024 SNT New Season SC Meet - 13/07/2024 Session Report

Session: 1 SNT New Season SC Meet

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +20 Seconds

Round		Event	Entries	Heats	Start <mark>s</mark> at
Finals	1	Mixed 11 & Over 400 Freestyle	10	1	05:00 PM
Finals	2	Mixed 9 & Over 100 Breaststroke	24	3	05:08 PM
Finals	3	Mixed 10 & Under 25 Backstroke	3	1	05:17 PM
Finals	4	Mixed 7-10 50 Backstroke	14	2	05:18 PM
Finals	5	Mixed 11 & Over 50 Backstroke	29	3	05:23 PM
Finals	6	Mixed 11 & Over 200 Butterfly	5	1	05:28 PM
Finals	7	Mixed 8 & Over 100 IM	32	4	05:32 PM
Finals	8	Mixed 10 & Under 25 Breaststroke	7	1	05:42 PM
Finals	9	Mixed 50 Breaststroke	42	5	05:44 PM
Finals	10	Mixed 11 & Over 200 Backstroke	1	1	05:53 PM
Finals	11	Mixed 9 & Over 100 Butterfly	8	1	05:57 PM
Finals	12	Mixed 10 & Under 25 Freestyle	8	1	06:00 PM
Finals	13	Mixed 50 Freestyle	64	7	06:01 PM
Finals	14	Mixed 10 & Over 200 IM	10	1	06:11 PM
Finals	15	Mixed 9-10 100 Backstroke	3	1	06:16 PM
Finals	16	Mixed 11 & Over 100 Backstroke	13	2	06:19 PM
Finals	17	Mixed 10 & Under 25 Butterfly	9	1	06:24 PM
Finals	18	Mixed 50 Butterfly	41	5	06:26 PM
Finals	19	Mixed 11 & Over 200 Breaststroke	7	1	06:34 PM
Finals	20	Mixed 9 & Over 100 Freestyle	34	4	06:39 PM
		Swimmers Counts for Warm-ups: 87	====	====	
		Entry / Heat Totals:	364	46	
		Finish Time			06:48 PM

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SPORT INTEGRITY AUSTRALIA

Event 1 Mixed 11 & Over 400 SC Meter Freestyle					
Lane	e Name	Age	Team	Seed Time	
-	t 1 of 1 Finals				
0	Hoare, Saoirse	W11	DAR	7:03.67	
1	Kiley, Emma	W14	DAR	5:28.76	
2	Roberts, Cole	M13	DAR	4:55.47	
3	Callander, Oscar	M21	DAR	4:48.37	
4	Smith, James	M18	DAR	3:58.39	
5	Parsons, Eric	M16		4:39.40	
6	Aberline (V), Zavier		Warnambool	4:50.74	
7	Kiranou, Christina	W14	Nightcliff	5:16.67	
8	Collins, Olive	W13		7:02.72	
9	Dans, Andrei	M16		NT	
Ever	nt 2 Mixed 9 & Ove	r 100	SC Meter Bre	aststroke	
	e Name		Team	Seed Time	
-	t 1 of 3 Finals				
	Perera, Sasini	W21	Nightcliff	1:40.28	
1	Katape, Diyon	M12	CAS	1:35.90	
2	Brown, Liam	M14		1:29.49	
3	Watts, Jack	M15		1:21.51	
4	Mende, Dylan		Nightcliff	1:15.93	
5	Toonson, Luca	M16		1:20.16	
6	Witham, Ethan	M12		1:27.16	
7	Pollock, Emme	W14		1:30.44	
8	Slater, Sienna	W13		1:39.63	
9	Samjowan, Tara		Nightcliff	1:40.53	
Heat	t 2 of 3 Finals		_		
0	Brown, Ariya	W10	CAS	2:04.06	
1	Brown, Juno	W11		2:00.45	
2	McDonald, Matilda	W13		1:56.64	
3	Buckland, Aiko		Nightcliff	1:55.30	
4	Holm, Stella	W12		1:43.04	
5	Aberline (V), Matisse		Warnambool	1:47.60	
6	Tan, Han	M9		1:56.47	
7	McDonald, Jack	M13		1:59.65	
8	Liveris, Andrew	M11		2:02.03	
9	Grills, Kiara	W12		2:04.09	
Heat	t 3 of 3 Finals				
0					
1					
2					
3	James, Hazel	W10	DAR	2:13.43	
4	Shah, Prithvi	M12	DAR	2:05.16	
5	Hancock, Sahrah		Nightcliff	2:05.31	
6	Prentice, Lachlan	M9	DAR	2:17.62	
7					
8					
9					
					-

Event 3 Mixed 10 & Under 25 SC Meter Backstroke

Lane	e Name	Age	Team	Seed Time
Heat	t 1 of 1 Finals	_		
0				
1				
2				
3	Dovey, Remi	W6	Nightcliff	33.66
4	Salter, Lachlan	M8	DAR	25.52
5	Harrington Ware, Sand	ły M6	DAR	27.93
6				
7				
8				
9				

Event 4 Mixed 7-10 50 SC Meter Backstroke

Name	Age	Team	Seed Time	
1 of 2 Finals				
Doley, Eli	M8	CAS	56.49	
Prentice, Lachlan	M9	DAR	53.82	
Prosser, Ollie	M9	Nightcliff	50.19	
Baldwin, Edward	M10	DAR	43.53	
Baylis, Chloe	W10	DAR	40.72	
Lamont, Louis	M10	Nightcliff	42.00	
Dovey, Koda	M9	Nightcliff	49.54	
James, Hazel	W10	DAR	50.41	
Perera, Sarah	W8	CAS	56.12	
Campbell, Emily	W10	CAS	57.80	
2 of 2 Finals				
Campbell, Alexander	M7	CAS	1:12.75	
James, Grady	M7	DAR	58.20	
Cox, Ruby	W7	DAR	59.43	
Brown, Hermione	W7	CAS	1:22.65	
	1 of 2 Finals Doley, Eli Prentice, Lachlan Prosser, Ollie Baldwin, Edward Baylis, Chloe Lamont, Louis Dovey, Koda James, Hazel Perera, Sarah Campbell, Emily 2 of 2 Finals Campbell, Alexander James, Grady Cox, Ruby	1 of 2 FinalsDoley, EliM8Prentice, LachlanM9Prosser, OllieM9Baldwin, EdwardM10Baylis, ChloeW10Lamont, LouisM10Dovey, KodaM9James, HazelW10Perera, SarahW8Campbell, EmilyW102 of 2 FinalsM7James, GradyM7Cox, RubyW7	1 of 2 FinalsDoley, EliM8Prentice, LachlanM9Prosser, OllieM9NightcliffBaldwin, EdwardM10Baylis, ChloeW10Uamont, LouisM10NightcliffDovey, KodaM9NightcliffJames, HazelW10V10DARPerera, SarahW8CASCampbell, EmilyW10Campbell, AlexanderM7James, GradyM7DARCox, RubyW7DAR	I of 2 FinalsDoley, EliM8CAS56.49Prentice, LachlanM9DAR53.82Prosser, OllieM9Nightcliff50.19Baldwin, EdwardM10DAR43.53Baylis, ChloeW10DAR40.72Lamont, LouisM10Nightcliff42.00Dovey, KodaM9Nightcliff49.54James, HazelW10DAR50.41Perera, SarahW8CAS56.12Campbell, EmilyW10CAS57.80Z of 2 Finals

Event 5 Mixed 11 & Over 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat	1 of 3 Finals			
0	Hallett, Laura	W14	Nightcliff	34.07
1	Roberts, Melissa	W15	DAR	33.18
2	Markham, Thomas	M14	Assc	32.53
3	Mallett, Zayne	M17	DAR	30.14
4	Young, Bayleigh	M17	DAR	28.57
5	Gee, Sampson	M16	DAR	28.82
6	Mende, Dylan	M19	Nightcliff	31.76
7	Baker Brown, Harrison	n M14	DAR	32.79
8	Bonson, Joseph	M16	Nightcliff	34.01
9	Kiranou, Stella	W16	Nightcliff	34.94

Heat	2 Finals (#5 Mixed	118	over 50 SC Meter B	ackstro	oke)
0	McDonald, Jack	M13	DAR	44.87	
1	Holm (V), Oliver	M51	CDW	40.74	
2	Spiers, Beth	W12	DAR	38.24	
3	Edwards, Samuel	M13	DAR	37.01	
4	Witham, Ethan	M12	DAR	36.29	
5	Watts, Jack	M15	DAR	36.87	
6	Hallett, Thomas	M12	Nightcliff	37.47	
7	James, Isla	W11	DAR	40.34	
8	Holm, Stella	W12	DAR	42.20	
9	Buckland, Aiko	W14	Nightcliff	46.15	
Heat	3 of 3 Finals				
0	Liveris, Andrew	M11	Nightcliff	59.37	
1	Hook, Vincent	M11	Nightcliff	56.51	
2	Chin, Genevieve	W11	CAS	53.25	
3	McDonald, Matilda	W13	DAR	46.91	
4	Perera, Sandharu	M11	CAS	46.38	
5	Shah, Prithvi	M12	DAR	46.88	
6	Choi, Rhian	W12	Nightcliff	53.18	
7	Hancock, Sahrah	W14	Nightcliff	55.68	
8	Palumbo, Ebony	W11	Nightcliff	58.58	
9					

Event 6 Mixed 11 & Over 200 SC Meter Butterfly

Lane	e Name	Age	Team	Seed Time	
Heat	: 1 of 1 Finals				
0					
1					
2	Katape, Diyon	M12	CAS	NT	
3	Cox, Ella	W14	DAR	2:32.33	
4	Smith, James	M18	DAR	2:20.25	
5	Dans, Andrei	M16	DAR	2:32.22	
6	Deutsch, Sean	M17	Nightcliff	2:48.74	
7					
8					
9					

Event 7 Mixed 8 & Over 100 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat	1 of 4 Finals	_		
0	Smith, Elaine	W14	DAR	1:20.12
1	Reader, Chloe	W16	DAR	1:13.36
2	Roberts, Melissa	W15	DAR	1:12.12
3	Aberline (V), Zavier	M14	Warnambool	1:10.01
4	Young, Bayleigh	M17	DAR	1:02.10
5	Mende, Dylan	M19	Nightcliff	1:06.84
6	Toonson, Luca	M16	DAR	1:10.33
7	Bonson, Joseph	M16	Nightcliff	1:12.34
8	Baker Brown, Harrison	n M14	DAR	1:14.33
9	Hallett, Laura	W14	Nightcliff	1:23.42

Heat 2 of 4 Finals

ca				
0	Dovey, Koda	M9	Nightcliff	1:48.57
1	Grills, Kiara	W12	Nightcliff	1:46.11
2	Aberline (V), Matisse	W12	Warnambool	1:37.70
3	Lamont, Louis	M10	Nightcliff	1:26.56
4	Parsons, Ashley	W17	CAS	1:23.45
5	Edwards, Samuel	M13	DAR	1:26.36
6	Baylis, Chloe	W10	DAR	1:33.70
7	McDonald, Jack	M13	DAR	1:43.89
8	McDonald, Matilda	W13	DAR	1:48.22
9	Chin, Genevieve	W11	CAS	1:48.65
Iea	t 3 of 4 Finals			
0	Lefebvre, Ava	W12	Nightcliff	NT
1	Doley, Eli	M8	CAS	2:06.35
2	Hancock, Sahrah	W14	Nightcliff	1:55.30
3	Brown, Ariya	W10	CAS	1:52.81
4	Prosser, Ollie	M9	Nightcliff	1:52.17
5	Lamont (V), Rebecca	W41	Nightcliff Maste	1:52.73
6	James, Hazel	W10	DAR	1:53.83
7	Liveris, Andrew	M11	Nightcliff	1:56.66
8	Campbell, Emily	W10	CAS	2:22.93
9				
Iea	t 4 of 4 Finals			
0				
1				
2				
3	Tan, Han	M9	CAS	NT
4	Bury (V), Sharyn	W53	CDW	NT
5	Brown, Juno	W11	CAS	NT
6				
7				
8				
9				

Event 8 Mixed 10 & Under 25 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat	1 of 1 Finals	-		
0				
1	Dang, Stella	W9	Nightcliff	NT
2	Campbell, Alexander	M7	CAS	36.78
3	Campbell, Emily	W10	CAS	34.15
4	Salter, Lachlan	M8	DAR	27.63
5	Baldwin, Charles	M8	DAR	29.28
6	Harrington Ware, Sand	dy M6	DAR	36.42
7	Dovey, Remi	W6	Nightcliff	39.18
8				
9				

Event 9 Mixed 50 SC Meter Breaststroke					
Lane	e Name	Age	Team	Seed Time	
Hea	t 1 of 5 Finals				
0	Parsons, Ashley	W17	CAS	40.51	
1	Markham, Thomas	M14	Assc	39.08	
2	Brown, Liam	M14	DAR	37.77	
3	Bonson, Joseph	M16	Nightcliff	35.19	
4	Reader, Samuel	M15	DAR	31.84	
5	Mende, Dylan	M19	Nightcliff	33.05	
6	Watts, Jack	M15	DAR	36.31	
7	Witham, Ethan	M12	DAR	38.23	
8	Holm (V), Oliver	M51	CDW	39.57	
9	Lamont, Louis	M10	Nightcliff	43.61	
Heat	t 2 of 5 Finals				
0	Hoare, Saoirse	W11	DAR	52.63	
1	Bury (V), Sharyn	W53	CDW	48.87	
2	Lamont, Oliver	M12		48.10	
3	Slater, Sienna	W13		45.85	
4	Perera, Sasini		Nightcliff	43.76	
5	Hallett, Thomas	M12		44.60	
6	Samjowan, Tara		Nightcliff	46.12	
7	Holm, Stella	W12		48.13	
8	James, Isla	W11		48.99	
9	Buckland, Aiko	W14	Nightcliff	53.04	
	t 3 of 5 Finals		0		
0	Grills, Kiara	W12	Nightcliff	56.83	
1	Shah, Prithvi	M12		55.74	
2	Hancock, Sahrah		Nightcliff	55.26	
3	McDonald, Jack	M13	DAR	53.91	
4	McDonald, Matilda	W13	DAR	53.25	
5	Perera, Sandharu	M11		53.89	
6	luu, Emilie		Nightcliff	54.72	
7	Baldwin, Edward	M10	DAR	55.53	
8	Tan, Han	М9	CAS	55.83	
9	Dovey, Koda	М9	Nightcliff	57.50	
	t 4 of 5 Finals		_		
0	Doley, Eli	M8	CAS	1:15.20	
1	Hook, Vincent		Nightcliff	1:08.53	
2			Nightcliff	1:06.70	
3	Prentice, Lachlan	M9	DAR	1:03.08	
4	Salter, Lachlan	M8	DAR	58.67	
5	James, Hazel	W10	DAR	58.91	
6	Prosser, Ollie	M9	Nightcliff	1:04.92	
7	Baldwin, Charles	M8	DAR	1:06.97	
8	Perera, Sarah	W8	CAS	1:10.12	
9		-			

Heat 5 of 5 Finals

0					
1					
2					
3	Brown, Hermione	W7	CAS	1:23.20	
4	Cox, Ruby	W7	DAR	1:15.79	
5	James, Grady	M7	DAR	1:19.43	
6					
7					
8					
9					

Event 10 Mixed 11 & Over 200 SC Meter Backstroke

Lane	e Name	Age	Team	Seed Time
Heat	t 1 of 1 Finals			
0				
1				
2				
3				
4	Collins, Olive	W13	DAR	3:29.80
5				
6				
7				
8				
9				

Event 11 Mixed 9 & Over 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat	1 of 1 Finals			
0				
1	Watts, Jack	M15	DAR	1:18.86
2	Smith, Elaine	W14	DAR	1:17.24
3	Aberline (V), Zavier	M14	Warnambool	1:11.47
4	Young, Bayleigh	M17	DAR	59.30
5	Mallett (V), Khaden	M19	Darwin Buffalos	1:04.74
6	Cox, Ella	W14	DAR	1:15.58
7	Loganathan, Isaac	M15	CAS	1:18.03
8	Perera, Sandharu	M11	CAS	1:44.69
9				

Event 12 Mixed 10 & Under 25 SC Meter Freestyle

Even	112 Mixeu IV & C	Juei	25 SC Meter	Freestyle
Lane	Name	Age	Team	Seed Time
Heat	1 of 1 Finals			
0				
1	Dang, Stella	W9	Nightcliff	NT
2	Harrington Ware, San	dy M6	DAR	26.42
3	Campbell, Alexander	M7	CAS	22.39
4	Gamble, Pippa	W9	Nightcliff	20.39
5	Salter, Lachlan	M8	DAR	21.90
6	Dovey, Remi	W6	Nightcliff	26.37
7	Baldwin, Charles	M8	DAR	30.88
8	James, Earl	M4	DAR	NT
9				



FOOD FIRST

REAL FOOD. REAL BENEFITS. **NO RISK.**

NO ONE EVER TESTED **POSITIVE** FOR BANANA.

Many supplements contain ingredients not listed on the label, some of which are banned in sport.

Do you know what you're putting into your body?

BANANACEP

A state of physical eliteness gained from the consumption of bananas.



Download the **Sport Integrity app** to reduce your risk of testing positive from a supplement or medication.

Event 13	Mixed	50 SC	Meter	Freestyle
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	nt 13 Mixed 50 SC			a 1=-	
-	e Name	Age	Team	Seed Time	
	t 1 of 7 Finals				
0	Roberts, Cole	M13		27.09	
1	Bonson, Joseph		Nightcliff	26.43	
2	Mallett, Zayne	M17		25.90	
3	Smith, James	M18		25.20	
4	Brown, Patrick	M16		24.10	
5	Reader, Samuel	M15		24.77	
6	Brown, Liam	M14		25.85	
7	Markham, Thomas	M14		26.06	
8	Aberline (V), Zavier		Warnambool	26.92	
9	Toonson, Luca	M16	DAR	27.60	
Heat	t 2 of 7 Finals				
0	Loganathan, Isaac	M15	CAS	30.17	
1	Holm (V), Oliver	M51	CDW	29.94	
2	Hallett, Laura	W14	Nightcliff	29.34	
3	Baker Brown, Harriso	n M14	DAR	28.66	
4	Callander, Oscar	M21	DAR	28.33	
5	Witham, Ethan	M12		28.55	
6	Watts, Jack	M15	DAR	29.31	
7	Reader, Chloe	W16	DAR	29.63	
8	Smith, Elaine	W14	DAR	29.96	
9	Roberts, Melissa	W15	DAR	30.31	
Heat	t 3 of 7 Finals				
0	James, Isla	W11	DAR	34.50	
1	Lamont, Louis	M10	Nightcliff	33.27	
2	Kiranou, Stella	W16	Nightcliff	30.97	
3	Edwards, Samuel	M13	DAR	30.82	
4	Perera, Sasini	W21	Nightcliff	30.44	
5	Samjowan, Tara	W12	Nightcliff	30.72	
6	Kiranou, Christina	W14	Nightcliff	30.95	
7	Kiley, Emma	W14	DAR	32.93	
8	Hallett, Thomas	M12	Nightcliff	33.78	
9	Holm, Stella	W12	DAR	34.94	
Heat	t 4 of 7 Finals				
0	Perera, Sandharu	M11	CAS	38.51	
1	Baylis, Chloe	W10	DAR	37.77	
2	Spiers, Beth	W12	DAR	36.81	
3	Buckland, Aiko	W14	Nightcliff	35.72	
4	Aberline (V), Matisse	W12		35.00	
5	Baldwin, Edward	M10		35.64	
6	Bury (V), Sharyn	W53		35.74	_
7	Shah, Prithvi	M12		36.98	
8	luu, Emilie	W10		38.48	
9	McDonald, Jack	M13	DAR	38.67	
					-

Heat 5 of 7 Finals

nea	L J UI / Fillais						
0	Doley, Eli	M8	CAS	45.14			
1	McDonald, Matilda	W13	DAR	43.54			
2	Prosser, Ollie	M9	Nightcliff	42.54			
3	Dovey, Koda	M9	Nightcliff	42.35			
4	Lamont (V), Rebecca	W41	Nightcliff Maste	39.08			
5	Chin, Genevieve	W11	CAS	39.27			
6	Grills, Kiara	W12	Nightcliff	42.35			
7	James, Hazel	W10	DAR	43.51			
8	Liveris, Andrew	M11	Nightcliff	43.94			
9	Hook, Vincent	M11	Nightcliff	45.30			
Heat 6 of 7 Finals							
0	Campbell, Emily	W10	CAS	55.56			
1	Perera, Sarah	W8	CAS	49.09			
2	Salter, Lachlan	M8	DAR	47.91			
3	Prentice, Lachlan	M9	DAR	45.96			
4	Brown, Ariya	W10	CAS	45.52			
5	Hancock, Sahrah	W14	Nightcliff	45.85			
6	Tan, Han	M9	CAS	47.06			
7	Palumbo, Ebony	W11	Nightcliff	48.33			
8	Cox, Ruby	W7	DAR	52.81			
9	Campbell, Alexander	Μ7	CAS	55.59			
Heat	t 7 of 7 Finals						
0							
1							
2							
3	Lamont, Charlotte	W8	Nightcliff	1:08.73			
4	James, Grady	M7	DAR	55.61			
5	Brown, Hermione	W7	CAS	1:04.10			
6	Gamble, Pippa	W9	Nightcliff	NT			
7							
8							
9							

Event 14 Mixed 10 & Over 200 SC Meter IM

Lane	Name	Age	Team	Seed Time
Heat	1 of 1 Finals			
0	Collins, Olive	W13	DAR	3:36.99
1	Slater, Sienna	W13	DAR	3:21.60
2	James, Isla	W11	DAR	3:17.98
3	Deutsch, Sean	M17	Nightcliff	2:48.20
4	Gee, Sampson	M16	DAR	2:09.68
5	Parsons, Eric	M16	CAS	2:34.33
6	Witham, Ethan	M12	DAR	2:51.38
7	Watts, Jack	M15	DAR	3:21.36
8	Pollock, Emme	W14	DAR	3:25.64
9	Lefebvre, Ava	W12	Nightcliff	NT

Event 15 Mixed 9-10 100 SC Meter Backstroke					
	e Name	Age	Team	Seed Time	
Hea	t 1 of 1 Finals				
0					
1					
2					
3	Campbell, Emily	W10	CAS	2:04.54	
4	Baylis, Chloe	W10	DAR	1:27.99	
5	Baldwin, Edward	M10	DAR	1:34.77	
6					
7					
8					
9					
-					
	nt 16 Mixed 11 & O				_
-	e Name	Age	Team	Seed Time	
	t 1 of 2 Finals				
0	McDonald, Matilda	W13		1:41.67	
1	Samjowan, Tara	W12	-	1:25.07	
2	Cox, Ella	W14		1:14.96	
3	Roberts, Melissa	W15		1:11.73	
4	Baker Brown, Harriso	n M14	DAR	1:09.78	
5	Mende, Dylan	M19	Nightcliff	1:11.17	
6	Markham, Thomas	M14		1:11.74	
7	Kiranou, Stella	W16	Nightcliff	1:16.80	
8	James, Isla	W11	DAR	1:26.30	
9	Aberline (V), Matisse	W12	Warnambool	1:42.98	
Hea	t 2 of 2 Finals				
0					
1					
2					
3	Brown, Juno	W11	CAS	1:48.12	
4	Shah, Prithvi	M12	DAR	1:43.84	
5	Perera, Sandharu	M11	CAS	1:45.63	_
6					
7					
8					
9					
		_			
Ever	nt 17 Mixed 10 & U	Inder	25 SC Meter	Butterfly	
Land	e Name	Age	Team	Seed Time	

Lane Name Age Team Seed Time Heat 1 of 1 Finals M7 DAR 35.02 0 James, Grady Campbell, Emily W10 CAS 33.47 1 27.73 2 Campbell, Alexander Μ7 CAS 3 Gamble, Pippa W9 Nightcliff 25.28 Doley, Eli M8 CAS 10.32 4 5 Lamont, Charlotte Nightcliff 23.09 W8 27.56 6 Salter, Lachlan M8 DAR 7 Tan, Han M9 CAS 32.80 8 Cox, Ruby W7 DAR 34.98 9

Event 18 Mixed 50 SC Meter Butterfly

	Name		Team	Seed Time	
	1 of 5 Finals				
0	Watts, Jack	M15	DAR	31.17	
1	Mende, Dylan		Nightcliff	30.29	
2	Mallett, Zayne	M17		29.12	
3	Mallett (V), Khaden	M19	Darwin Buffalos	28.17	
4	Young, Bayleigh	M17		26.88	
5	Reader, Samuel	M15		27.70	
6	Aberline (V), Zavier		Warnambool	28.96	
7	Brown, Patrick	M16		29.40	
8	Toonson, Luca	M16		30.62	
9	Bonson, Joseph		Nightcliff	31.88	
Heat	2 of 5 Finals				
0	Hallett, Thomas	M12	Nightcliff	37.13	
1	Kiranou, Christina	W14	Nightcliff	35.02	
2	Witham, Ethan	M12	DAR	33.33	
3	Callander, Oscar	M21	DAR	32.54	
4	Baker Brown, Harrison	n M14	DAR	32.29	
5	Katape, Diyon	M12	CAS	32.42	
6	Hallett, Laura	W14	Nightcliff	32.62	
7	Loganathan, Isaac	M15	CAS	33.72	
8	Perera, Sasini		Nightcliff	35.67	
9	Kiley, Emma	W14	DAR	37.13	
Heat	3 of 5 Finals				
0	luu, Emilie	W10	Nightcliff	47.71	
1	Baylis, Chloe	W10	DAR	43.46	
2	Holm, Stella	W12	DAR	41.86	
3	Edwards, Samuel	M13	DAR	39.97	
4	Lamont, Louis		Nightcliff	39.30	
5	James, Isla	W11		39.35	
6	Spiers, Beth	W12		41.75	
7	Perera, Sandharu	M11		42.48	
8	Buckland, Aiko	W14	Nightcliff	45.71	
9	Shah, Prithvi	M12	DAR	47.99	
Heat	4 of 5 Finals				
0					
1	Prentice, Lachlan	M9		1:02.73	
2	Hancock, Sahrah		Nightcliff	58.67	
	Prosser, Ollie		Nightcliff	54.36	
4	McDonald, Jack	M13		52.16	
5	Dovey, Koda	M9	Nightcliff	53.95	
6	Perera, Sarah	W8	CAS	56.91	
7	Hook, Vincent	M11		1:02.66	
8	Lamont, Charlotte	W8	Nightcliff	1:04.33	
9					

9

Heat 5 Finals (#18 Mixed 50 SC Meter Butterfly)

0					
1					
2					
3	Holm (V), Oliver	M51	CDW	NT	
4	James, Hazel	W10	DAR	1:08.73	
5	Liveris, Andrew	M11	Nightcliff	1:09.47	
6					
7					
8					
9					

Event 19 Mixed 11 & Over 200 SC Meter Breaststroke

Lane Name		Age	Team	Seed Time
Heat	1 of 1 Finals			
0				
1	Hancock, Sahrah	W14	Nightcliff	4:21.67
2	Chin, Genevieve	W11	CAS	4:05.84
3	Collins, Olive	W13	DAR	3:49.26
4	Slater, Sienna	W13	DAR	3:41.00
5	Lamont, Oliver	M12	Nightcliff	3:44.62
6	Hoare, Saoirse	W11	DAR	3:58.35
7	McDonald, Matilda	W13	DAR	4:18.06
8				
9				

Event 20 Mixed 9 & Over 100 SC Meter Freestyle

Lane Name		Age	Team	Seed Time	
Heat 1 of 4 Finals					
0	Markham, Thomas	M14	Assc	59.15	
1	Mallett (V), Khaden	M19	Darwin Buffalos	58.66	
2	Dans, Andrei	M16	DAR	57.40	
3	Young, Bayleigh	M17	DAR	55.31	
4	Gee, Sampson	M16	DAR	53.58	
5	Brown, Patrick	M16	DAR	53.64	
6	Brown, Liam	M14	DAR	56.69	
7	Mallett, Zayne	M17	DAR	57.45	
8	Roberts, Cole	M13	DAR	59.03	
9	Aberline (V), Zavier	M14	Warnambool	59.65	
Heat 2 of 4 Finals					
0	Deutsch, Sean	M17	Nightcliff	1:09.98	
1	Kiranou, Christina	W14	Nightcliff	1:09.07	
2	Smith, Elaine	W14	DAR	1:08.01	
3	Reader, Chloe	W16	DAR	1:04.74	
4	Callander, Oscar	M21	DAR	1:01.17	
5	Toonson, Luca	M16	DAR	1:01.87	
6	Hallett, Laura	W14	Nightcliff	1:04.84	
7	Watts, Jack	M15	DAR	1:08.25	
8	Edwards, Samuel	M13	DAR	1:09.93	
9	Kiley, Emma	W14	DAR	1:11.71	

Heat 3 of 4 Finals

nea	L J UI + Fillais				
0	Shah, Prithvi	M12	DAR	1:27.90	
1	Baldwin, Edward	M10	DAR	1:23.35	
2	Lefebvre, Ava	W12	Nightcliff	1:19.38	
3	Hallett, Thomas	M12	Nightcliff	1:15.10	
4	Spiers, Beth	W12	DAR	1:11.76	
5	Cox, Ella	W14	DAR	1:12.56	
6	James, Isla	W11	DAR	1:17.96	
7	Baylis, Chloe	W10	DAR	1:23.22	
8	Aberline (V), Matisse	W12	Warnambool	1:27.20	
9	McDonald, Jack	M13	DAR	1:28.74	
Heat 4 of 4 Finals					
0					
1					
2					
3	James, Hazel	W10	DAR	1:43.62	
4	0 JU JU	1114 0	NV: 1 - 1/00		
	Grills, Kiara	W12	Nightcliff	1:39.64	
5	Grills, Kiara Brown, Juno	W12 W11	CAS	1:39.64 1:41.40	
5 6			0		
-	Brown, Juno	W11	CAS	1:41.40	
6	Brown, Juno	W11	CAS	1:41.40	

SPORT INTEGRITY AUSTRALIA

NATIONAL INTEGRITY FRAMEWORK MEMBER PROTECTION POLICY

The Member Protection Policy is designed to protect the welfare, wellbeing, and health of everyone involved in sport. It provides clear definitions of abuse, bullying, harassment, sexual misconduct, discrimination, victimisation and vilification in sport, along with information on how to report these behaviours.

Specifically, the Policy provides a framework to:

- promote a safe, trustworthy, and enjoyable environment at all levels, by protecting everyone in sport from discrimination, harassment, bullying and abuse.
- protect the health, welfare, wellbeing, and safety of participants by ensuring everyone involved in sports is treated with respect and dignity.
- ensure everyone in sport is aware of their legal and ethical rights and responsibilities, and the standards of expected behaviour.
- protect the integrity of sport by reducing the risks of unacceptable behaviours.

Who does this Policy apply to?

The Policy applies to everyone involved in sport including participants, employees, coaches, officials, contractors and support personnel, at all levels, from the national level through to club sport.

The Policy only applies in relation to direct involvement in a sport activity or event. If an interaction has no clear link to a sporting event or activity, the Policy may not apply, and may be more appropriately dealt with under a different Policy, code of conduct or other sport rules.

Prohibited Conduct

The following actions and behaviours are breaches of the Policy:



Abuse including physical, emotional, psychological or sexual abuse.



Bullying and the inappropriate use of power, where actions are repeated and deliberate.



Harassment including unwanted behaviours which are reasonably likely to cause harm.



Sexual harassment and sexual offences.



Discrimination including both deliberate and inadvertent, direct or indirect discrimination based on a Protected Characteristic, such as:

- age
- disability
- race or ethnicity
- sex, sexual orientation or gender identity
- religion



Victimisation of anyone who chooses to make a complaint, or plans to.



Vilification based on a Protected Characteristic.

Full definitions of these behaviours are available in the Member Protection Policy.



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Prohibited Conduct affecting children and young people

If Prohibited Conduct under the Member Protection Policy is alleged to have happened towards anyone under the age of 18, it should be considered an alleged breach of the Safeguarding Children and Young People Policy, and reported to Sport Integrity Australia.

Information on how to report breaches of the Safeguarding Children and Young People Policy can be found online at

www.sportintegrity.gov.au/what-we-do/national-integrityframework

What is the reporting process?

You **must** report conduct that may be considered Prohibited Conduct under this Policy to your sport.

August 2023

Visit the integrity page on your sport's website, or contact your sport's National Integrity Manager to find out how.

What happens if someone commits a breach of this Policy?

Any alleged Prohibited Conduct that is reported will be dealt with under the Complaints Disputes and Discipline Policy. This could result in a sanction ranging from a warning or mandatory education to a ban from sport. Criminal conduct will be managed outside of this process by law enforcement.

Disclaimer

This fact sheet does not replace the National Integrity Framework Member Protection Policy. The Policy applies and overrules this fact sheet in any instances.

