

# SWIMNT

## Meet Information



### ***2024 Anything BUT Freestyle plus Skins***

*Parap Swimming Pool*

*77 Ross Smith Ave, Parap, NT 0820*

***2<sup>nd</sup> November 2024***

Great opportunity for swimmers to have some fun – and maybe win some cash!!!!

# SWIMNT

## 2024 Anything BUT Freestyle - plus Skins

<b>Venue</b>	<b>Parap Swimming Pool</b> 77 Ross Smith Avenue, Parap NT 0820
<b>Session Dates &amp; Times</b>	<b>Saturday 2<sup>nd</sup> November 2024</b> 7:00am Gates Open 7.15am Warm Up (concludes 15 minutes prior to race start) 8.30am Race Start
<b>Spectator Admission</b>	FREE
<b>Program</b>	Programs will be released online on Thursday 31 <sup>st</sup> October 2024
<b>Age</b>	Swimmer's age as of 2 <sup>nd</sup> November 2024
<b>Entry Fee</b>	\$6.00 + GST + assoc. Swim Central Fees for 25m events. \$9.00 + GST + assoc. Swim Central Fees for all other individual events. \$12.00 + GST & assoc. Swim Central Fees for all relays Fee includes digital program
<b>Entry</b>	Entries are available ONLY through Swim Central - <a href="#">HERE</a> <b>Entries Open: Tuesday 8<sup>th</sup> October 2024 at 9am ACT</b> <b>Entries Close: Tuesday 29<sup>th</sup> October 2024 at 11:59pm ACT</b> <b>Late entries will be accepted with a \$20 swimmer surcharge.</b> No event limits apply. Age restrictions as shown on the program of events. <b>Multi-Class swimmers are welcome to enter the events listed below; all events chosen will be swum under MC classifications and exemptions.</b> Interstate visitors wishing to enter may do so through Swim Central. Backstroke Ledges will be used during this competition for swimmers aged 11yrs & over. Swimmers will be separated accordingly.
<b>Format</b>	All events will be Long Course, swum as mixed timed finals.
<b>Rules</b>	All Events will be conducted under the rules of Swimming Australia Ltd. Modified rules for all 25m events will apply.
<b>Refunds</b>	Refunds will only be provided for withdrawals prior to the entry closing date. Any refund request after this time will require a medical certificate.
<b>Medals</b>	There will be no medals for swimmers competing in this event.

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<b>Officials</b>	SNT will be seeking officials to assist with this meet. Please contact Kate Reynolds, Technical Manager SNT at <a href="mailto:technicalmanager@nt.swimming.org.au">technicalmanager@nt.swimming.org.au</a>
<b>Timekeepers</b>	Clubs will be allocated lanes for timekeepers depending on entries.
<b>Skins</b>	Not available to enter on Swim Central – see explanation below.

## Program of Events: 2024 Anything BUT Freestyle

**Saturday 2<sup>nd</sup> November 2024**

Warm Up: 7.15am – Racing: 8.30am

Meet Program	
1	8yrs & over Mixed 200m Butterfly Relay
2	12yrs & under Mixed 25m Backstroke
3	9yrs & over Mixed 100m Backstroke
4	8yrs & over Mixed 50m Butterfly
5	10yrs & over Mixed 200m Breaststroke
6	12yrs & under Mixed 25m Butterfly
7	9yrs & over Mixed 100m Butterfly
8	14yrs & under Mixed 150m Medley Relay (No Freestyle)
9	8yrs & over Mixed 50m Breaststroke
10	10yrs & over Mixed 200m Backstroke
11	12yrs & under Mixed 25m Breaststroke
12	9yrs & over Mixed 100m Breaststroke
13	8yrs & over Mixed 50m Backstroke
14	10yrs & over Mixed 200m Butterfly
15	8yrs & Over Mixed 4 x 50m Breaststroke Relay
16	Handicap Medley Skins – see details below

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**Handicap Medley Skins** – this event will see the fastest Male and Female swimmers from their combined 50m times from earlier in the day competing in a handicap skins event. The Handicap Skins event will be made up of 1 boy and 1 girl from each of the following age categories (10 swimmers in total):

9 & under / 10-11yrs / 12-13yrs / 14-15yrs / 16yrs +.

Swimmers will start according to their times in each specific stroke from earlier in the day, with the faster swimmers being handicapped to make the race more even and exciting.

The stroke for each race will be determined prior to the start of the event and announced prior to the start of each race.

Two boys and two girls will be eliminated after the first race and one boy and one girl after the second race, with only 4 swimmers (2 Girls & 2 Boys) competing in the final race. The winner of the final race (both Boy and Girl) will receive \$100, second place will get \$50.

**NOTE:** to win you must compete in 3 x 50m races in quick succession (approx. 3min apart). Also, you cannot enter this event on Swim Central – you will be selected on the day.

**PLEASE NOTE:**

SNT will also be providing 2 prizes during this meet for the female and male swimmer with the highest number of points, based on improvement, as per the table below. The points are based off the swimmers best 5 events.

**Improvement Points Table:**

	Official Time vs previous PB (sec)	Bonus Points	Competed Points
Slower than PB by	Between -99.00 and -5.01	0	1
Slower than PB by	Between -5.00 and -2.01	1	1
Slower than PB by	Between -2.00 and -1.01	2	1
Slower than PB by	Between -1.00 and -0.01	3	1
Equal to PB	= PB	4	1
Faster than PB by	Between .01 and 1.00	5	1
Faster than PB by	Between 1.01 and 2.00	6	1
Faster than PB by	Between 2.01 and 5.00	7	1
Faster than PB by	Between 5.01 and 99.00	8	1

There are no points awarded if you are disqualified.

You lose 1 point if you are a No Show for any of your events