



Meet Information

2023 Anything BUT Freestyle plus Skins

Parap Swimming Pool

77 Ross Smith Ave, Parap, NT 0820

11th November 2023

Great opportunity for swimmers to have some fun in the last meet of the year – and maybe win some cash!!!!

2023 Anything BUT Freestyle - plus Skins

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| Venue | Parap Swimming Pool 77 Ross Smith Avenue, Parap NT 0820 |
| Session Dates & Times | <u>Saturday 11th November 2023</u> 7:00am Gates Open 7.15am Warm Up (concludes 15 minutes prior to race start) 8.30am Race Start |
| Spectator Admission | FREE |
| Program | Programs will be released online on Thursday 9 th November 2023 |
| Age | Swimmer's age as of 11 th November 2023 |
| Entry Fee | \$7.00 + GST + assoc. Swim Central Fees for 25m events. \$9.00 + GST + assoc. Swim Central Fees for all other individual events. \$12.00 + GST & assoc. Swim Central Fees for all relays Fee includes digital program |
| Entry | Entries are available ONLY through Swim Central - HERE Entries Open: Monday 23rd October at 9pm Entries Close: Monday 6th November 2023 at 11:59pm ACT Late entries will be accepted with a \$20 swimmer surcharge. No event limits apply. Age restrictions as shown on the program of events. Multi-Class swimmers are welcome to enter the events listed below; all events chosen will be swum under MC classifications and exemptions. Interstate visitors wishing to enter may do so through Swim Central. Backstroke Ledges will be used during this competition for swimmers aged 11yrs & over. Swimmers will be separated accordingly. |
| Format | All events will be Long Course, swum as mixed timed finals. |
| Rules | All Events will be conducted under the rules of Swimming Australia Ltd. Modified rules for all 25m events will apply. |
| Medals | There will be no medals for swimmers competing in this event. |
| Officials | SNT will be seeking officials to assist with this meet. Please contact Kate Reynolds, Technical Manager SNT at technicalmanager@nt.swimming.org.au |
| Timekeepers | Clubs will be allocated lanes for timekeepers depending on entries. |
| Skins | Not available to enter on Swim Central – see explanation below. |

Program of Events: 2023 Anything BUT Freestyle

Saturday 11th November 2023

Warm Up: 7.15am – Racing: 8.30am

| Meet Program | |
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| 1 | 9yrs & over Mixed 200m Butterfly Relay |
| 2 | 10yrs & under Mixed 25m Backstroke |
| 3 | 9yrs & over Mixed 100m Backstroke |
| 4 | 8yrs & over Mixed 50m Butterfly |
| 5 | 10yrs & over Mixed 200m Breaststroke |
| 6 | 10yrs & under Mixed 25m Butterfly |
| 7 | 9yrs & over Mixed 100m Butterfly |
| 8 | 14yrs & under Mixed 150m Medley Relay (No Freestyle) |
| 9 | 7yrs & over Mixed 50m Breaststroke |
| 10 | 10yrs & over Mixed 200m Backstroke |
| 11 | 10yrs & under Mixed 25m Breaststroke |
| 12 | 9yrs & over Mixed 100m Breaststroke |
| 13 | 7yrs & over Mixed 50m Backstroke |
| 14 | 10yrs & over Mixed 200m Butterfly |
| 15 | 8yrs & Over Mixed 4 x 50m Breaststroke Relay |
| 16 | Handicap Medley Skins – see details below |

Handicap Medley Skins – this event will see the fastest Male and Female swimmers from their combined 50m times from earlier in the day competing in a handicap skins event. The Handicap Skins event will be made up of 1 boy and 1 girl from each of the following age categories (10 swimmers in total):

9 & under / 10-11yrs / 12-13yrs / 14-15yrs / 16yrs +.

Swimmers will start according to their times in each specific stroke from earlier in the day, with the faster swimmers being handicapped to make the race more even and exciting.

One boy and one girl will be eliminated after the first race and again after the second race, with only 6 swimmers (3 Girls & 3 Boys) competing in the final race. The winner of the final race (both Boy and Girl) will receive \$100, second place will get \$50.

The stroke for each race will be determined prior to the start of each race.

NOTE: to win you must compete in 3 x 50m races in quick succession (approx. 3min apart). Also, you cannot enter this event on Swim Central – you will be selected on the day.