



Meet Information

Swimming Northern Territory sincerely hopes all swimmers, coaches, technical officials, parents and other stakeholders have had a wonderful Christmas and New Year with family and/or friends.

Now is the time to get back into the sport we love with some short, fast and fun racing!!!!

Welcome to 2025 Sprint Meet

31st January 2025

Parap Pool

77 Ross Smith Avenue, Parap NT 0820















Venue	Parap Pool					
Dates & Times	77 Ross Smith Avenue, Parap NT 0820					
Dates & Times	Friday 31 st January 2025					
	Gates Open: 4:00pm					
	Warm up in the competition pool will conclude at 4:45pm					
	Competition starts at 5:00pm					
Facility Admission	Free entry for all competitors, coaches, technical officials and spectators					
Program	Timelines and Meet Programs will be available on the Swimming NT events page closer to the event.					
Age	Swimmer's age as of 31st January 2025					
Entry Fee	\$9.90 per Individual event (50m+ events) (Including GST) + associated Swim Central Fees					
	\$6.60 per Individual events (25m events) (Including GST) + associated Swim Central Fees					
Entry Details	Entries are available ONLY through Swim Central - HERE					
	Entries Open: Wednesday 1 January2025 at 9.00am					
	Entries Close: Tuesday 28 th January 2025 at 11:59pm					
	No late entries will be accepted.					
	Age restrictions as shown on the program of events.					
	Multi-Class swimmers are welcome to enter the events listed below; events chosen will be swum under MC classifications and exemption					
	Interstate visitors wishing to enter may do so through Swim Central.					
Format	All events will be swum as mixed timed finals.					
	This is a Long Course Meet					
Rules	All Events will be conducted under the rules of Swimming Australia Ltd.					
	Modified rules will apply for all swimmers aged 8yrs & under, and for al 25m events.					
Technical Officials	Swimming NT are seeking technical officials from all clubs to assist with this meet.					
	Please contact Kate Reynolds – technicalmanager@nt.swimming.org.au					
Timekeepers	Clubs will be allocated timekeeping positions according to the number of entries.					















Program of Events: Welcome to 2025 Sprint Meet Friday 31st January 2025

Warm-up – 4:00 pm Racing – 5:00pm

Session 1 Friday Evening						
1	50m	Butterfly	8yrs & over	Mixed	Timed Final	
2	25m	Butterfly	10yrs & under	Mixed	Timed Final	
3	100m	Breaststroke	9yrs & over	Mixed	Timed Final	
4	50m	Backstroke	8yrs & over	Mixed	Timed Final	
5	25m	Backstroke	10yrs & under	Mixed	Timed Final	
6	100m	Freestyle	9yrs & over	Mixed	Timed Final	
7	200m	Individual Medley	9yrs & over	Mixed	Timed Final	
8	50m	Breaststroke	8yrs & over	Mixed	Timed Final	
9	25m	Breaststroke	10yrs & under	Mixed	Timed Final	
10	100m	Butterfly	9yrs & over	Mixed	Timed Final	
11	50m	Freestyle	8yrs & over	Mixed	Timed Final	
12	25m	Freestyle	10yrs & under	Mixed	Timed Final	
13	100m	Backstroke	9yrs & over	Mixed	Timed Final	











