



Meet Information

Swimming Northern Territory sincerely hopes all swimmers, coaches, technical officials, parents and other stakeholders have had a wonderful Christmas and New Year with family and/or friends.

Now is the time to get back into the sport we love with some short, fast and fun racing!!!!

Welcome to 2023 Sprint Meet

Parap Pool

77 Ross Smith Avenue, Parap NT 0820

20th January 2023



Venue	Parap Pool <i>77 Ross Smith Avenue, Parap NT 0820</i>
Dates & Times	Friday 20th January 2023 Gates Open: 4:00pm Warm up in the competition pool will conclude at 4:45pm Competition starts at 5:00pm
Facility Admission	Free entry for all competitors, coaches, technical officials and spectators
Program	Will be available at the meet Timelines will be available on the Swimming NT events page closer to the meet.
Age	Swimmer's age as of 20 th January 2023
Host	Swimming NT
Duty Club	Casuarina Swimming Club
Entry Fee	\$5.50 per Individual event (Including GST)
Entry Details	Entries are available ONLY through Swim Central - HERE Entries Open: 1st January 2023 at 6am Entries Close: 17th January 2023 at 11:55am No late entries will be accepted. No event limits apply. Age restrictions as shown on the program of events. Multi-Class swimmers are welcome to enter the events listed below; all events chosen will be swum under MC classifications and exemptions. Interstate visitors wishing to enter may do so through Swim Central.
Format	All events will be swum as mixed timed finals. This is a Long Course Meet
Rules	All Events will be conducted under the rules of Swimming Australia Ltd. Modified rules for all swimmers aged 8 & Under, and for all 25m events will apply.
Technical Officials	Swimming NT are seeking technical officials from all clubs to assist with this meet. Please contact Kate Reynolds – technicalmanager@nt.swimming.org.au
Timekeepers	Clubs will be allocated timekeeping positions according to the number of entries.

Program of Events: Welcome to 2023 Sprint Meet

Friday 20th January 2023

Warm-up – 4:15pm

Racing – 5:00pm

Session 1 Friday Evening					
1	50m	Butterfly	9 & over	Mixed	Timed Final
2	25m	Butterfly	9 & under	Mixed	Timed Final
3	50m	Backstroke	Open	Mixed	Timed Final
4	25m	Backstroke	9 & under	Mixed	Timed Final
5	200m	Individual Medley	9 & over	Mixed	Timed Final
6	150m	Individual Medley	9 & under	Mixed	Timed Final
7	50m	Breaststroke	Open	Mixed	Timed Final
8	25m	Breaststroke	9 & under	Mixed	Timed Final
9	50m	Freestyle	Open	Mixed	Timed Final
10	25m	Freestyle	9 & under	Mixed	Timed Final