



Meet Information

2024 NT Swimming Championships

Parap Swimming Pool

77 Ross Smith Ave, Parap NT 0820

15th – 17th March 2024





1. 2024 NT Swimming Championships - Event Details

The 2024 Northern Territory Championships will be held at Parap Pool Darwin, 77 Ross Smith Avenue, Parap NT from Friday 15th to Sunday 17th March 2024.

This event will be conducted under the Swimming Australia Rules and SNT Competition Rules. This is a Swimming Northern Territory sanctioned Championship Meet.

Attendees must adhere to Swimming Australia's **National Integrity Framework**.

2. Event Contact

All enquiries relating to the 2024 NT Championships are to be directed to: admin@nt.swimming.org.au

3. Event Hours

Date	Times
Friday - Session 1	6:30am (Gates Open) 7:00am (Warm-up) 8:00am (Races)
Friday - Session 2	3:30pm (Gates Open) 4:00pm (Warm-up) 5:00pm (Races)
Saturday - Session 3	7:00am (Gates Open) 7:00am (Warm-up) 8:00am (Races)
Saturday - Session 4	2:30pm (Gates Open) 3:00pm (Warm-up) 4:00pm (Races)
Sunday – Session 5	8:00am (Gates Open) 8:00am (Warm-up) 9:00am (Races)
Sunday – Session 6	1:00pm (Gates Open) 1:00pm (Warm-up) 2:00pm (Races)

4. Program of Events

The Program of Events can be found at the end of this Meet Information Booklet.

If less than 3 nominations are received for an event, SNT reserves the right to cancel the event and refund nominations. SNT also reserves the right, on the day, to combine heats, final and/or events.

MC events will be run as deemed within the **SNT Competition Rules**.

Heats will be swam as fastest to slowest. Finals will be swam oldest to youngest.

5. Qualifying Times

Qualifying times for this Championship Meet can be found at the end of the Meet Information Booklet. There are no qualifying times for MC swimmers. Times must have been swam since 1st January 2023.

6. Entry Procedures

Entries will open on Friday 26th January 2024 in Swim Central.

Entries will close Friday 8th March 2024 at 11:59pm ACST for all individual entries.

Relay entries will close Monday 11th March at midday ACST.

The McDonald's Participation Meet is also occurring throughout the 2024 NT Championships and entries are available in Swim Central. Swimmers may not swim the same event in both the NT Championships and McDonald's Preparation Meet.

Individual late entries WILL be accepted, until midday (ACST), Monday 11th March. Late entry fees will apply.

No manual entries will be accepted, except approved visiting International swimmers. A \$10 administration fee per swimmer will be added for swimmers with manual entries.



7. Entry Fees

Entry Fees	Price
2024 McDonald's Participation Meet	\$7.50 per event
2024 NT Championships Individual Entries	\$18.50 per event
2024 NT Championships Relay Entries	\$35.00 per team

Prices are inclusive of GST and the Swim Central administration fee.

8. Age Requirements

9yrs is the minimum age of entry to compete in the NT Championships. There is no maximum age.

Swimmers aged 6-10yrs may enter the 2024 McDonald's Participation Meet

Age is determined as of 15th March 2024.

9. Eligibility

All Swimmers must be fully registered as a Competitive Swimmer on Swim Central with Swimming Australia to nominate for these 2024 NT Championships. Recreational or Non-competitive swimmers are ineligible to enter. Swimmers from outside NT may need to provide clearance certificates from their state organisation – please consult your state swimming association.

10. Multi-Class

Multi Class events are open to all eligible age group swimmers with a disability in sport classes 1 - 19.

Multi-Class Swimmers must be registered as 'competitive' swimmers with Swimming Australia. Your classification number/s must be registered against your swimmers record in Swim Central. Swimmers may compete with provisional classifications.

MC events will be conducted under the rules of Swimming Australia NB: National records can only be achieved in single gender events.

MC events may be combined with non-MC events if there are insufficient entries, as per the MC guidelines outlined in the [SNT Competition Rules](#).

Please note - Multi-Class swimmers without a registered classification will be allowed to swim as an Exhibition only.

All multi-class events will be conducted as Open events. There are no qualifying times for any MC events.

Minimum age is 10yrs+ for Multi-Class events.

Swimmers with a SM3 or SM4 classification may contest the 200m Individual Medley as a 150m Individual Medley.

11. McDonald's Participation Meet

Session 3 and 4 provides the opportunity for swimmers aged 6-11yrs to gain an insight into the undertakings of a Championship meet. There will be no medals awarded for these events. Please enter through [Swim Central under McDonald's Participation Meet](#).

12. Relays

Club relay teams may enter with a 'No Time'.

Relay changes must be made on the official Relay Change form available in the meet program and submitted within 15 minutes of the completion of the session prior to that in which the relay is to be held. For relays scheduled for Session 1, changes must be made no later than the completion of warm-up.

Unless changes have been submitted as above, swimmers must swim in the order as published.



Additional relay teams for exhibition purposes may be entered **ONLY** where there is no team for that Club currently in the event and **ONLY** where there are spare lanes once the program is set, at the Meet Director's discretion. Such teams will swim for no points and will not be formally placed in the program. Submissions for such exhibition relay teams must be made in accordance with the timeframe for relay changes set out above.

13. Pool Deck Access

Pool Deck Access will be restricted to swimmers, Technical Officials, Coaches and Registered Team Managers only. Deck passes will only be issued to people with NT-Ochre Cards, or equivalent from other states.

Clubs are advised that they will need to apply for their pool deck access passes, using the positions section of the [event page in Swim Central](#).

All individuals applying for a pool deck access wristband are required to have a current and valid Working with Children Card (WCC).

Deck Pass wristbands can be collected from the Help Desk prior to and throughout the event.

Applications for Accreditations close at the same time as entries.

14. Warm-Up / Cool Down Procedures

Lanes will be available in the competition pool from 1 hour before racing commences. The pool will then be cleared to allow officials to complete a pool test before competition begins. Additional warmup / cooldown facilities are also available in the 6-lane 25m pool throughout the day. No unsupervised diving is to take place.

Dive starts and pacework will be allocated for Lanes 0 and 8 in the competition pool. Lane 9 is for MC swimmers only.

Warm-up lanes will NOT be allocated to clubs.

15. Timekeepers & Volunteers

Timekeepers and volunteers will be required to be provided by clubs, where available. A schedule will be provided to the clubs by SNT, upon closing of nominations.

16. Swimmer Check-in – Distance Events

All events of 400m and over (400m IM, 400m Free, 800m Free and 1500m Free) require swimmers (or their Coach / Team Manager) to confirm their intention to swim through the relevant QR code a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim may be taken as a withdrawal.

Confirmed swimmers should then follow the self-marshalling procedures.

17. Lap Counters

Swimmers competing in the 800m and 1500m Freestyle events **MUST** provide details of their lap counter whilst checking in at the help desk. Swimmers will not be able to check-in without confirmation of an organised lap counter.

18. Self-Marshalling

Self-marshalling will be in place for this event. Athletes will be instructed by the check starter to move behind the blocks once the event (or timed final) ahead of them has entered the water.

Swimmers will only be permitted to enter the self-marshalling area as follows:

- 50m events - 6 heats prior to their heat
- 100m and 200m events - 4 heats prior to their heat
- 400m events - 2 heats prior to their heat
- 800m and 1500m events - 1 heat prior to their heat.

Self-Marshalling will take place for all heats and timed finals.



19. Backstroke Ledges

Backstroke ledges will be available for use at this Championship meet for swimmers aged 12yrs & over.

20. Medals

Visitors will **ONLY** be awarded medals for overall 1st, 2nd and 3rd placings.

NT Swimmers will be awarded medals for 1st, 2nd and 3rd NT placings.

Medals will be awarded to ages 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over in all 50m, 100m events, 200m Freestyle and 200m IM events.

Medals will be awarded to ages 12, 13, 14, 15, 16yrs, 17yrs & over in 200m form strokes, 400m freestyle.

Medals will be awarded to the first 3 competitors in the 800m & 1500m Freestyle and 400m IM events.

For Multi-Class swimmers, medals/points will be awarded for 1st, 2nd & 3rd place in the Open events, using the Swimming Australia Multi-Class Points System.

Collection of medals is the responsibility of each swimmer. Medals not collected by the end of the meet will not be redeemed.

21. Awards

Points will be awarded to swimmers placed as follows in finals and timed finals of all Championship events: 1st – 15 points, 2nd – 12 points, 3rd – 10 points, 4th – 8 points, 5th – 6 points, 6th – 5 points, 7th – 4 points, 8th – 3 points, 9th – 2 points, 10th – 1 point.

Relay points will be awarded as follows: 1st – 30 points, 2nd – 24 points, 3rd – 20 points, 4th – 16 points, 5th – 12 points, 6th – 10 points, 7th – 8 points, 8th – 6 points, 9th – 4 points, 10th – 2 points.

Points awarded for records set (as below) will only be used in order to break any ties in points for trophies. If those tying have set no records, or if there is still a tie after record points have been allocated, then trophies will be awarded to those tying.

Record	Points
NT or NT All comers	5
Australian	10
Australian All comers	20

Trophies will be awarded in the following categories:

Age Champion trophies will be awarded to Northern Territory male & female swimmers who achieve the most points in their 7 best events throughout the championships for their age group. Age groups awarded will be presented for 9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15yr, 16yr, 17yr & over. Visiting swimmers may be awarded a recognition award for outstanding achievement in an age category.

Jim Gayton Trophy – Awarded to the Northern Territory Female athlete who records the fastest time in a heat or final of the women’s 50m freestyle.

Paul Kinter Trophy - Awarded to the Northern Territory Male athlete who records the fastest time in a heat or final of the men’s 50m freestyle.

Champion Male/Female - Awarded to the Northern Territory male and female athlete gaining most points.

Champion Distance Male/Female - Awarded to the Northern Territory male and female athlete who achieved the strongest performance, as measured by the Hy-Tek Single Year Points System, in any one of the following events: the 400m, 800m, 1500m freestyle, 400 IM or a 200 form stroke.



Judith Green Trophy - Awarded to the Northern Territory athlete gaining the most points in Multi Class events.

Swimmer of the Meet - Awarded to the Northern Territory athlete with the most outstanding performances in five events, as measured by the combined total of the Hy-Tek single year Points System.

Keith Gabel Trophy - Awarded to the Northern Territory club whose athletes gain the most points in finals and timed finals of breaststroke, backstroke, and butterfly events at these Championships.

Relay Trophy - Awarded to the Northern Territory Club gaining most points in the Championships relay events.

NT Championships Club Trophy – Awarded to the Northern Territory Club gaining most points, from individual and relay events, during the Northern Territory Swimming Championships as a percentage of total swimmers.

Must have a minimum of 5 swimmers competing in individual events to be eligible.

22. Seating

Seating for all athletes, coaches, clubs and spectators will be around the competition pool. Space is not allocated and cannot be reserved.

23. Technical Officials

All technical officials will be contacted to register their availability, by SNT Technical Manager, Katherine Reynolds.

Any persons interested in learning about the possibilities of becoming a Technical Official, please contact the SNT Technical Manager, Katherine Reynolds at:

technicalmanager@nt.swimming.org.au.

Queries regarding any disqualification **MUST** be made by a club coach or club official only. Technical officials will not be made available to any parents / spectators regarding swimmer disqualification.

24. Results

Results will be published around the venue and on meet mobile.

Please note:

- Results published via Meet Mobile **ARE NOT OFFICIAL** and should be used as a guide only.
- Official meet results are printed by officials during all meets and posted in a prominent position.

Official results are published within 48hrs of the completion of a meet on the SNT website, Swim Central and Results Central.

25. Catering

All catering provisions will be provided onsite by the facility manager at the front entrance.

26. Photography

In nominating for this meet, swimmers agree that they may be photographed by Swimming Northern Territory approved photographers. Any images **may** be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet. They may also be used by Swimming Northern Territory and affiliated clubs at their discretion.

If you have any concerns, please contact admin@nt.swimming.org.au prior to the event.



27. Merchandise (Team Elite)

Swimming Northern Territory have partnered with Team Elite to offer some event merchandising. Once finalised, the information will be added to our website and social media channels.

28. Medical

If any attendant requires medical attention, please make yourself known to the facility staff as they are trained in first aid and CPR.

29. Lost Property

Any lost property is to be handed into the pool kiosk; lost property will be available for collection from the kiosk throughout the duration of the competitions.

30. Force Majeure

In the case of force majeure preventing or resulting in the 2024 NT Swimming Championships being cancelled, refund of event registration fees will be at the discretion of SNT Refund Policy – [HERE](#).

31. Further Communication

In the week preceding the meet, further relevant information regarding facility maps, seating plans, event timelines, event program etc., will be provided when available.

32. Social Media

Stay up to date with the event via our socials,
Facebook: @SwimmingNT
Instagram: @NTSwimming

Program of Events – SNT Championships – Session 1 (Heats)

Friday 15th March 2024 – Warmup: 7:00am Racing: 8:00am

Female	Description	Male	NOTES
1	Open 200m Freestyle	2	Preliminary Heats
3	Open 200m Freestyle – Multi-Class	4	Timed Final
5	Open 100m Breaststroke	4	Preliminary Heats
7	9-11Yrs 50m Backstroke	8	Preliminary Heats
9	12yrs and over 50m Backstroke	10	Preliminary Heats
11	Open 50m Backstroke – Multi-Class	12	Timed Final
13	12yrs & over 800m Freestyle	14	Timed Final
15	8-12yrs 4x50m Medley Relay - Mixed	15	Timed Final – Mixed Gender
16	13yrs & over 4 x 50m Medley Relay - Mixed	16	Timed Final – Mixed Gender

Program of Events – SNT Championships – Session 2 (Finals)

Friday 15th March 2024 – Warmup: 4:00pm Racing: 5:00pm

Female	Description	Male	NOTES
1f1	9-11yrs 200m Freestyle Final	2f1	Finals
1f2	12-13yrs 200m Freestyle Final	2f2	
1f3	14-15yrs 200m Freestyle Final	2f3	
1f4	16yrs & over 200m Freestyle Final	2f4	
5f1	9-11yrs 100m Breaststroke Final	6f1	Finals
5f2	12-13yrs 100m Breaststroke Final	6f2	
5f3	14-15yrs 100m Breaststroke Final	6f3	
5f4	16yrs & over 100m Breaststroke Final	6f4	
17	Open 100m Breaststroke – Multi-Class	18	Timed Final
19	12yrs & over 200m Butterfly	20	Timed Final
7f	9-11yrs 50m Backstroke Final	8f	Final
9f1	12-13yrs 50m Backstroke Final	10f1	Finals
9f2	14-15yrs 50m Backstroke Final	10f2	
9f3	16yrs & over 50m Backstroke Final	10f3	
21	Open 4x100m Medley Relay	22	Relay - Timed Final

Program of Events – SNT Championships – Session 3 (Heats)

Saturday 16th March 2024 – Warmup: 7:00am Racing: 8:00am

Female	Description	Male	NOTES
23	9-11yrs 100m Backstroke	24	Preliminary Heats
25	12yrs & over 100m Backstroke	26	Preliminary Heats
27	Open 100m Backstroke – Multi-Class	28	Timed Final
101	6-11yrs 50m Backstroke - Mixed	101	Participation Meet – TF
102	6-11yrs 25m Backstroke - Mixed	102	Participation Meet - TF
29	Open 50m Breaststroke	30	Preliminary Heats
31	Open 100m Butterfly	32	Preliminary Heats
33	Open 100m Butterfly – Multi-Class	34	Timed Final
103	6-11yrs 50m Breaststroke - Mixed	103	Participation Meet – TF
104	6-11yrs 25m Breaststroke - Mixed	104	Participation Meet – TF
35	Open 50m Freestyle	36	Preliminary Heats
37	12yrs & over 400m Individual Medley	38	Timed Final
39	8-12yrs 4x50m Freestyle Relay	40	Relay – Timed Final
41	13yrs & over 4x50m Freestyle Relay	42	Relay – Timed Final

Program of Events – SNT Championships – Session 4 (Finals)

Saturday 16th March 2024 – Warmup: 3:00pm Racing: 4:00pm

Female	Description	Male	NOTES
23f	9-11yrs 100m Backstroke Final	24f	Final
25f1	12-13yrs 100m Backstroke Final	26f1	Finals
25f2	14-15yrs 100m Backstroke Final	26f2	
25f3	16yrs & over 100m Backstroke Final	26f3	
105	6-11yrs 50m Butterfly - Mixed	105	Participation Meet – TF
106	6-11yrs 25m Butterfly - Mixed	106	Participation Meet – TF
29f1	9-11yrs 50m Breaststroke Final	30f1	Finals
29f2	12-13yrs 50m Breaststroke Final	30f2	
29f3	14-15yrs 50m Breaststroke Final	30f3	
29f4	16yrs & over 50m Breaststroke Final	30f4	
43	Open - 50m Breaststroke – Multi-Class	44	Timed Final
45	12yrs and over 400m Freestyle	46	Timed Final
31f1	9-11yrs 100m Butterfly Final	32f1	Finals
31f2	12-13yrs 100m Butterfly Final	32f2	
31f3	14-15yrs 100m Butterfly Final	32f3	
31f4	16yrs & over 100m Butterfly Final	32f4	
107	6-11yrs 50m Freestyle - Mixed	105	Participation Meet – TF
108	6-11yrs 25m Freestyle - Mixed	106	Participation Meet – TF
35f1	9-11yrs 50m Freestyle Final	36f1	Finals
35f2	12-13yrs 50m Freestyle Final	36f2	
35f3	14-15yrs 50m Freestyle Final	36f3	
35f4	16yrs & over 50m Freestyle Final	36f4	
47	Open - 50m Freestyle – Multi-Class	48	Timed Final
49	8yrs-12yrs 4x50 Medley Relay	50	Relay – Timed Final
51	13yrs & over 4x50m Medley Relay	52	Relay – Timed Final

Program of Events – SNT Championships – Session 5 (Heats)

Sunday 17th March 2024 – Warmup: 8:00am Racing: 9:00am

Female	Description	Male	NOTES
53	12yrs & over 1500m Freestyle	54	Timed Final
55	Open 200m IM	56	Preliminary Heats
57	Open 100m Freestyle	58	Preliminary Heats
59	Open – 100m Freestyle – Multi-Class	60	Timed Final
61	12yrs & over 200m Breaststroke	62	Timed Final
63	Open 50m Butterfly	64	Preliminary Heats
65	Open – 50m Butterfly – Multi-Class	66	Timed Final
67	8-12yrs 4x50m Freestyle Relay - Mixed	67	Relay – Timed Final
68	13yrs & over 4x50m Freestyle Relay - Mixed	68	Relay – Timed Final

Program of Events – SNT Championships – Session 6 (Finals)

Sunday 17th March 2024 – Warmup: 1:00pm Racing: 2:00pm

Female	Description	Male	NOTES
55f1	9-11yrs 200m IM Final	56f1	Finals
55f2	12-13yrs 200m IM Final	56f2	
55f3	14-15yrs 200m IM Final	56f3	
55f4	16yrs & over 200m IM Final	56f4	
69	Open – 200m IM – Multiclass	70	Timed Final
57f1	9-11yrs 100m Freestyle Final	58f1	Finals
57f2	12-13yrs 100m Freestyle Final	58f2	
57f3	14-15yrs 100m Freestyle Final	58f3	
57f4	16yrs & over 100m Freestyle Final	58f4	
63f1	9-11yrs 50m Butterfly Final	64f1	Finals
63f2	12-13yrs 50m Butterfly Final	64f2	
63f3	14-15yrs 50m Butterfly Final	64f3	
63f4	16yrs & over 50m Butterfly Final	64f4	
71	12yrs & over 200m Backstroke	72	Timed Final
73	Open 4x100m Freestyle Relay	74	Timed Final – Mixed

Please note medals will be awarded to both female and male in age categories as follows:

- All 50m events – 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs+
- All 100m events – 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs+
- 200m Free & IM events – 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs+
- 200m Back, Breast & Fly events – 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs+
- All 400m events – 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs+
- 800m & 1500m Freestyle events – Open only

If there are not 3 swimmers from an eligible age group in the finals, then medals will be awarded from placings in the final, followed by the fastest subsequent times from the morning heats.

2024 NT Championships Qualifying Times

There are no qualifying times for Multi-Class events

Event	Age (Girls)								
	9yrs	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16yrs	17 & Over
50m Freestyle	47.00	46.00	43.00	40.50	39.50	38.50	37.50	36.50	35.50
100m Freestyle	1:42.00	1:39.00	1:33.00	1:28.50	1:26.50	1:25.00	1:22.50	1:20.00	1:17.50
200m Freestyle	3:38.00	3:33.00	3:21.00	3:11.00	3:08.00	3:05.00	3:02.00	2:56.00	2:50.00
400m Freestyle	6:01.00								
800m Freestyle	12:10.00								
1500m Freestyle	22:30.00								
50m Backstroke	56.00	54.00	50.00	48.00	46.50	45.50	45.00	44.50	44.00
100m Backstroke	2:00.00	1:55.00	1:47.50	1:42.00	1:39.50	1:38.50	1:37.50	1:37.00	1:36.50
200m Backstroke	3:20.00								
50m Breaststroke	1:00.00	57.00	54.00	52.00	51.50	50.50	50.00	49.50	48.50
100m Breaststroke	2:10.50	2:04.00	1:57.50	1:53.50	1:53.00	1:52.50	1:52.00	1:51.50	1:51.00
200m Breaststroke	3:55.00								
50m Butterfly	55.00	50.00	46.00	44.00	43.00	42.50	42.00	41.00	40.00
100m Butterfly	2:00.00	1:50.00	1:42.00	1:38.00	1:36.50	1:35.00	1:34.00	1:33.00	1:32.00
200m Butterfly	3:30.00								
200m Individual Medley	4:00.00	3:53.00	3:41.00	3:35.00	3:32.00	3:31.00	3:29.50	3:28.50	3:27.00
400m Individual Medley	7:00.00								

2024 NT Championships Qualifying Times

There are no qualifying times for Multi-Class events

Event	Age (Boys)								
	9yrs	10yrs	11yr	12yrs	13yrs	14yrs	15yrs	16yrs	17 & Over
50m Freestyle	47.00	46.00	43.00	40.00	37.50	36.00	35.00	33.00	31.50
100m Freestyle	1:42.00	1:39.00	1:33.00	1:27.00	1:22.50	1:19.50	1:15.50	1:12.50	1:10.00
200m Freestyle	3:38.00	3:33.00	3:21.00	3:10.00	2:58.00	2:52.00	2:45.50	2:41.50	2:38.00
400m Freestyle	5:35.00								
800m Freestyle	11:30.00								
1500m Freestyle	20:30.00								
50m Backstroke	56.00	54.00	50.00	47.50	45.50	43.50	41.00	38.50	37.00
100m Backstroke	2:00.00	1:55.00	1:47.50	1:41.00	1:36.50	1:32.00	1:29.50	1:26.00	1:23.50
200m Backstroke	3:10.00								
50m Breaststroke	1:00.00	57.00	54.00	51.50	49.00	47.50	46.50	45.00	42.50
100m Breaststroke	2:10.50	2:04.00	1:57.50	1:52.50	1:49.00	1:44.00	1:41.00	1:38.00	1:35.00
200m Breaststroke	3:30.00								
50m Butterfly	55.00	50.00	46.00	43.50	42.00	39.50	37.50	36.00	34.50
100m Butterfly	2:00.00	1:50.00	1:42.00	1:37.00	1:32.50	1:28.00	1:25.00	1:21.50	1:19.00
200m Butterfly	3:10.00								
200m Individual Medley	4:00.00	3:53.00	3:41.00	3:32.00	3:27.00	3:20.00	3:14.00	3:05.00	3:00.00
400m Individual Medley	6:25.00								