



# Meet Information

*"You can't put a limit on anything. The more you dream the further you get"*

Michael Phelps

## ***2023 NT LC Qualifying Meet***

*Parap Pool*

*77 Ross Smith Avenue, Parap NT 0820*

***18<sup>th</sup> February 2023***



<b>Venue</b>	<b>Parap Pool</b> <i>77 Ross Smith Avenue, Parap NT 0820</i>	
<b>Dates &amp; Times</b>	<b>Saturday 18<sup>th</sup> February 2023</b>	
	<b>Session 1</b> Gates Open: <b>7:30pm</b> Warm up: <b>7:45am</b> Competition starts: <b>8:30am</b>	<b>Session 2</b> Gates Open: <b>2:45pm</b> Warm up: <b>3:00pm</b> Competition starts: <b>3:45pm</b>
<b>Facility Admission</b>	Free entry for all competitors, coaches, technical officials and spectators	
<b>Program</b>	Will be available at the meet Timelines will be available on the Swimming NT events page closer to the meet.	
<b>Age</b>	Swimmer's age as of 18 <sup>th</sup> February 2023	
<b>Host</b>	Swimming NT	
<b>Duty Club</b>	<b>TBC</b>	
<b>Entry Fee</b>	\$8.80 per Individual event (Including GST)	
<b>Entry Details</b>	Entries are available ONLY through Swim Central - <a href="#">HERE</a> <b>Entries Open: 21<sup>st</sup> January 2023 at 9am</b> <b>Entries Close: 14<sup>th</sup> February 2023 at Midday</b> <b>No late entries will be accepted.</b> No event limits apply. Age restrictions as shown on the program of events. <b>Multi-Class swimmers are welcome to enter the events listed below; all events chosen will be swum under MC classifications and exemptions.</b> Interstate visitors wishing to enter may do so through Swim Central.	
<b>Format</b>	All events will be swum as timed finals. This is a Long Course Meet	
<b>Rules</b>	All Events will be conducted under the rules of Swimming Australia Ltd. Modified rules for all swimmers aged 8 & under, and for all 25m events will apply.	
<b>Technical Officials</b>	Swimming NT are seeking technical officials from all clubs to assist with this meet. Please contact Kate Reynolds – <a href="mailto:technicalmanager@nt.swimming.org.au">technicalmanager@nt.swimming.org.au</a>	
<b>Timekeepers</b>	Clubs will be allocated timekeeping positions according to the number of entries.	

# Program of Events: 2023 NT LC Qualifying Meet

**Saturday 18<sup>th</sup> February 2023**

Session 1: Warm-up – 4:15pm Racing – 5:00pm

Session 1 Saturday Morning			
Event Males	Event Description	Event Females	Notes
1 - Mixed	11yrs & over 1500m Freestyle	1 - Mixed	Timed Final – will be combined
2 - Mixed	11yrs & over 800m Freestyle	2 - Mixed	
3	8yrs & over 100m Breaststroke	4	Timed Final
5	Open 50m Backstroke	6	Timed Final
7 – Mixed	9yrs & under 25m Backstroke	7 – Mixed	Timed Final
8	10yrs & over 100m Butterfly	9	Timed Final
10 – Mixed	11yrs & over 200m Backstroke	10 – Mixed	Timed Final
11	Open 50m Breaststroke	12	Timed Final
13 – Mixed	9yrs & under 25m Breaststroke	13 – Mixed	Timed Final
14 – Mixed	10yrs & over 200m Freestyle	14 – Mixed	Timed Final

Session 2: Warm-up – 3:00pm Racing – 3:45pm

Session 1 Saturday Afternoon			
Event Males	Event Description	Event Females	Notes
15 – Mixed	11yrs & over 200m Butterfly	15 – Mixed	Timed Final
16	8yrs & over 100m Backstroke	17	Timed Final
18	Open 50m Freestyle	19	Timed Final
20 – Mixed	9yrs & under 25m Freestyle	20 – Mixed	Timed Final
21 – Mixed	11yrs & over 200m Breaststroke	21 – Mixed	Timed Final
22	8yrs & over 100m Freestyle	23	Timed Final
24	8yrs & over 50m Butterfly	25	Timed Final
26 – Mixed	9yrs & under 25m Butterfly	26 – Mixed	Timed Final
27 – Mixed	11yrs & over 400m IM	27 – Mixed	Timed Final
28 – Mixed	11yrs & over 400m Freestyle	28 – Mixed	Timed Final