

# **Meet Information**

### 2023 City of Darwin NT Open & Age Championships

Parap Pool

77 Ross Smith Avenue, Parap NT 0820

2<sup>nd</sup> - 5<sup>th</sup> March 2023

Proudly supported by the City of Darwin

Swimming NT is proud to be a City of Darwin sponsorship recipient.















Venue	Parap Pool 77 Ross Smith Avenue, Parap NT 0820					
Session Dates	Thursday 2 <sup>nd</sup> March	Saturday 4 <sup>th</sup> March				
& Times	Session 1:  4:00 pm Gates Open  4:15 pm Warm Up  5:00 pm Technical Official Meeting  5.10 pm Welcome to the Country  5:20 pm Opening Ceremony  5:30 pm Race Start  Friday 3 <sup>rd</sup> March  Session 4:  7:15 am Gates Open  8:30 am Race Start  Session 5:  2:30 pm Gates Open  2:30 pm Warm Up  3:45 pm Race Start  Session 2:  Sunday 5 <sup>th</sup> March					
	7:15 am Gates Open 7:15 am Warm Up 8:30 am Race Start  Session 3: 4:00 pm Gates Open 4:15 pm Warm Up 5:30 pm Race Start  Warm up will conclude 15mins prior to the Race Start  No early admission prior to gate	Session 6: 7:15 am Gates Open 7:15 am Warm Up 8:30 am Race Start  Session 7: 2:30 pm Gates Open 2:30 pm Warm Up 3:45 pm Race Start  *Presentations at Conclusion of Session 7*				
	opening times					
Spectator Admission	FREE					
Program	Programs will be available for purchase near the entry to the pool.  Full Program: \$10  Finals Programs: \$2  Timelines will be available on the Swimming NT events page prior to the meet commencing.					
Age	Swimmer's age as of 2 <sup>nd</sup> March 2023					
Entries	Entries Open: 9 <sup>th</sup> January 2023 at 5pm *Darwin Local Time* Entries Close: 21 <sup>st</sup> February 2023 at 11:59pm  *Late entries may be considered up until 9am Friday 24 <sup>th</sup> February 2022, but will be at Swimming NTs discretion and will incur a \$30 late fee* Individual Events \$16.50 including GST Relay Events \$33 including GST Note that a swim central transaction fee also will be applied at checkout.  All entries (including relays) are to be submitted via Swim Central before the advertised closing date. Anyone requiring assistance please contact					













### Individual Events Rules & Eligibility

The meet will be conducted under the rules of Swimming Australia Ltd.

**SAL rule SW10.8** provides that any sort of tape on the body is subject to approval. SNTI requires a certificate from a medical professional (doctor/physio etc) stating the purpose of the taping and that the swimmer is fit to swim. The Referee will approve the certificate and ascertain that the taping does not provide any advantage to the competitor. The certificate need only be presented once for the duration of the competition.

Swimmers must meet Qualifying Times to compete in their chosen events. QTs apply to all individual events. **Qualifying Times can be found on page 11.** 

If competitors do not achieve the QT for an event, they will not be awarded any points or medals.

No qualifying times will apply to Multi-Class events.

There will be a maximum of **2 visitors** per final (where heats/finals format is used).

**Help Desk:** Any questions regarding marshalling, withdrawal from events, forms or queries regarding disqualification are to be directed to the Help Desk which will be positioned near the marshalling tent.

Withdrawals Heats and Timed Finals: Out of consideration for fellow swimmers, spectators and officials, swimmers are requested to withdraw from events they do not intend to swim. Withdrawals should be handed to the help desk near the marshalling tent. Forms can be obtained from the help desk and must be completed by the swimmer or their representative. Withdrawals will be accepted up until the race is marshalled.

Withdrawals from Finals: Any event finalists and/or reserves (there shall be only two reserves listed) wishing to withdraw from a final shall do so in writing. This must be signed by the swimmer or their representative within 30 minutes of the results being posted following the heat in which the qualification took place. Official "withdraw from finals" forms are available from the help desk. A swimmer who does not withdraw and who does not compete in the event, shall be deemed a late withdrawal, and fined the sum of \$100 AUD, except where a medical certificate is provided. Once a withdrawal form has been submitted, the swimmer cannot be reinstated.

Reserves for finals are called in order of their ranking in the heats of the event, any swimmer not wishing to be called as a reserve must withdraw from the final as detailed above. Swimmers are responsible for checking placings.

Marshalling: any swimmer entered in the first two events of each session must report to the marshalling area and check in at least ten minutes prior to the start time for each session. Thereafter, swimmers are required to report to the marshalling area and check in at least two events prior to the event in which they are entered. Failure to do so may result in the swimmer being deemed to be withdrawn.













#### Relays

Club relay teams may enter with a 'No Time'.

Relay changes must be made on the official form available from the booth and submitted within 10 minutes of completion of the session prior to that in which the relay is to be held. For relays scheduled for Session 1, changes must be made no later than 10 minutes after the scheduled warm-up start time. Swimmers must swim in the order shown on the form submitted.

Unless changes have been submitted as above, **swimmers must swim in the order published in the program**.

Additional relay teams for exhibition purposes may be entered ONLY where there are spare lanes once the program is set and are at the Meet Director's discretion. Such teams will swim for no points and will not be formally placed in the program. Submissions for such exhibition relay teams must be made in accordance with the timeframe for relay changes set out above.

#### **Format**

#### Junior Age:

Junior age groups (9, 10, 11 & 12) will be swum as age group timed finals in heats and then a Junior (9-12yrs) final. This will apply to all 50m, applicable 100m and 200m events with the exception of the 100m Butterfly.

The **100m Butterfly** will be swum as age group timed finals in heats (11, 12) then a combined (11-12yrs) final.

#### Age Groups:

Age groups 13, 14, 15, 16, 17 & over will be swum as age group timed finals in heats and then an Open (13yrs & over) final. This will apply to all 50m, 100m and applicable 200m events.

**All 50m** events will have B Finals, provided that in each instance at least 24 swimmers compete in the associated heats. B finals will be swum immediately prior to the respective A final.

#### **Distance Events:**

Open Timed Finals will apply to the following events:

200m Backstroke, 200m Breaststroke, 200m Butterfly, 400m Freestyle, 400m Individual Medley, 800m Freestyle and 1500m Freestyle.

#### Distance swimmers please take the time to read the below information.

The fastest timed final heat of each distance event will be swum during the afternoon sessions (except 1500m Freestyle – all heats completed during Session 1) – please check the session information carefully for event placement

On the day of the listed distance timed finals (Events 18, 19, 38, 39,66 and 67) the distance swimmer must express their intent to not swim in the timed final held during the 'finals' afternoon session (as listed below) no later than half an hour before the morning 'heats' session. Swimmers who do not express their intent to not swim in the fastest timed final will swim in the 'finals' session.













Event 1	Fastest Heat will be swum during
Male 12 & Over 1500 Freestyle	Session 1, Thursday Afternoon
Event 2	Fastest Heat will be swum during
Female 12 & Over 1500 Freestyle	Session 1, Thursday Afternoon
Event 18	Fastest Heat will be swum during
Male 12 & Over 400 Freestyle	Session 3, Friday Afternoon
Event 19	Fastest Heat will be swum during
Female 12 & Over 400 Freestyle	Session 3, Friday Afternoon
Event 38	Fastest Heat will be swum during
Male 12 & Over 800 Freestyle	Session 5 Saturday Afternoon
Event 39	Fastest Heat will be swum during
Female 12 & Over 800 Freestyle	Session 5, Saturday Afternoon
Event 66	Fastest Heat will be swum during
Male 12 & Over 400 IM	Session 7, Sunday Afternoon
Event 67	Fastest Heat will be swum during
Female 12 & Over 400 IM	Session 7, Sunday Afternoon

### Multi-Class Eligibility and Format

The following Multiclass events will be offered at the championships:

Multi-Class Events	Age/Gender	Eligible Classifications
50m Freestyle	Open/Male	S1-S19
50m Freestyle	Open/Female	S1-S19
100m Breaststroke	Open/Male	SB1-SB19
100m Breaststroke	Open/Female	SB1-SB19
400m Freestyle	Open/Male	S6-S19
400m Freestyle	Open/Female	S6-S19
200m IM	Open/Male	SM3-SM19
200m IM	Open/Female	SM3-SM19
50m Butterfly	Open/Male	S1-S19
50m Butterfly	Open/Female	S1-S19
100m Freestyle	Open/Male	S1-S19
100m Freestyle	Open/Female	S1-S19
50m Backstroke	Open/Male	S1-S19
50m Backstroke	Open/Female	S1-S19
50m Breaststroke	Open/Male	SB1-SB19
50m Breaststroke	Open/Female	SB1-SB19
100m Butterfly	Open/Male	S5-S19
100m Butterfly	Open/Female	S5-S19
200m Freestyle	Open/Male	S1-S19
200m Freestyle	Open/Female	S1-S19
100m Backstroke	Open/Male	S1-S19
100m Backstroke	Open/Female	S1-S19













Swimmers with an SM3 or SM4 classification may contest the 200m Individual Medley as a 150m Individual Medley.

There are no qualifying times for Multi Class (MC) events. MC swimmers may enter non-MC events so long as the appropriate qualifying time has been met for that event.

Multi Class Swimmers must have an eligible classification (with at least Provisional Status granted by Swimming Australia) prior to the commencement of the meet. Events will be 9 & Over.

MC events will be conducted under the rules of Swimming Australia NB: National records can only be achieved in single gender events.

MC events will be swum as gender Timed Finals and scored using the Swimming Australia Multi Class point score calculator.

MC events may be combined with non-MC events if there are insufficient entries to form a competitive event

#### Medal Presentation Protocols

Age group medals to be collected from medal table situated next to control room, this will apply to ages 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over.

All events that have a final will have a medal presentation at the podium (please refer to site map) (Junior Finals, Open finals & Relays).

Timed final events will be collected from medal table.

If competitors do not make the QT for an event, they will not be awarded any points or medals.

Medals shall be awarded to 1<sup>st,</sup> 2<sup>nd</sup> & 3<sup>rd</sup> place getters in each event, with gold for first, silver for second and bronze for third. If equal placing occurs then medals will be awarded to each equal placing, but the next following medal will be omitted.

Medal presentations are awarded in the order of Bronze, Silver and Gold.

Visitors will ONLY be awarded medals for 1st, 2nd and 3rd placings.

NT Swimmers will be awarded medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> NT placings.

It is important that all athletes and team managers are vigilant and understand the medal presentation schedule prior to the session commencing, presentation schedule will be available on the timelines for each session.

All athletes are to be dressed in club shirts and shorts, No Towels.

Competitors must remain in presentation area for official photos.













Points	Points will be awarded to swimmers placed as follows in finals and timed finals of all Championship events: $1^{st} - 10$ points, $2^{nd} - 9$ points, $3^{rd} - 8$ points, $4^{th} - 7$ points, $5^{th} - 6$ points, $6^{th} - 5$ points, $7^{th} - 4$ points, $8^{th} - 3$ points, $9^{th} - 2$ points, $10^{th} - 1$ point  Relay points will be awarded as follows: $1^{st} - 20$ points, $2^{nd} - 18$ points, $3^{rd} - 16$ points, $4^{th} - 14$ points, $5^{th} - 12$ points, $6^{th} - 10$ points, $7^{th} - 8$ points, $8^{th} - 6$ points, $9^{th} - 4$ points, $10^{th} - 2$ points.  MC Swimmers will be awarded points for their Multi Class Events only and any distance events which are not offered in the MC event list and the swimmer chooses to compete in that event.  Swimmers who tie in their events, will each be awarded the points for the place						
	ties in points for	for records set (as above) will only trophies. If those tying have set n nts have been allocated, then tro	o records, or if	there is still a tie			
		Record	Record Points				
		BBNT or NT All comers	5				
		Australian (Age or Open)	10				
		Australian All comers (Age or Open)	20				
Backstroke Ledges	Championships.	es will be available for use at The ledges will be used by swimmes will be available for the Justet.	ers in Age and	Open events. No			
Refund Policy	Swimming NT will be enforcing our Refund Policy, you can find a copy of the policy HERE  Otherwise please check our website under 'Policies & Procedures' then 'Board &						
		n 'Refund Policy'.					
Warm Up	Lane 0 – Dive	•					
Procedure	Lane 1 – Gene	· · · · · · · · · · · · · · · · · · ·					
	Lane 2 – Gene	·					
	Lane 3 - General Warm Up						
	Lane 4 – Gene	·					
	Lane 6 – Gene	·					
	Lane 7 – Gene	·					
	Lane 8 – Gene	·					
	Lane 9 – Mult	•					
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	Clubs will not be allocated warm-up lanes. General warm up lanes are to be used for circular swimming ONLY.						
	Warm up will conclude 15 minutes prior to competition starting. This will be announced by the announcer each session.						
	Lane 0 is to be used for 25m dive sprints <b>ONLY</b> .						
	Lane 1 (Both ends) is for Backstroke ledge starts in the last 20 minutes of warm up						
	Lane 9 is reserved for multiclass athletes ONLY.						
25m Pool Access	During competitions & warm up the 25m pool will be open for any swimmers to warm up/cool down only. Lane 6 will be reserved for diving only; all other lanes will be circular swimming only.						
	Access to the 25m is only for athletes wishing to warm up/cool down. Any non-athletes in the 25m pool will be asked to exit the pool.						
Safe Sport Framework	All persons participating in the 2023 NT Open and Age Championships must adhere to the Swimming Australia Safe Sport Framework which can be found here: Swimming Australia - 2022 Swimming National Integrity Framework						
Lost Property	Any lost property is to be handed into the pool kiosk, lost property will be available for collection from the kiosk throughout the duration of the competitions.						
First Aid	Venue staff are trained in first aid and will be providing general first aid coverage for all people attending the event.						
Photography	Photos will be taken of all medal winners as well as action and environment shots						
	Should you <b>NOT</b> wish your photo to be published, please email <a href="mailto:admin@nt.swimming.org.au">admin@nt.swimming.org.au</a> <b>PRIOR</b> to the championships.						
Event	Team Elite Merchandise will be available at this event:						
Merchandise	Event merchandise will be available for pick up and purchase from the Tables near the entrance of the pool during the event. Please see the site map for location.						
	The link to pre order merchandise will be on the Swimming NT Website shortly.						
	teamelite						
Emergency Evacuation	In case of an emergency all persons are to proceed out the main entrance located next to the kiosk. The emergency assembly point is in the car park.						
	In a Lightning/Storm evacuation all must follow the directions of facility staff and proceed to the undercover area in front of the kiosk.						
	Swimming NTs Lightning Policy can be found <u>HERE</u> .						
	Otherwise please check our website under 'Policies & Procedures' then 'Board & Committee' then 'Lightning Policy'.						













Team Manager Meetings	It is a requirement that each club have at least one representative attend the Team Managers meeting at 5PM on Thursday 2 <sup>nd</sup> March. This will be the only Team Managers meeting for the event. The purpose of this meeting is to clarify any questions the clubs may have regarding the conditions of the meet and any changes of those conditions.					
	Event changes and re-seeding will be posted on meet mobile.					
Team Packs	Team Packs will be available for collection from Swimming NT at Parap Poo control room from Wednesday 3pm (1 <sup>st</sup> of March). All teams will be able to collect up until Thursday (2 <sup>nd</sup> of March) start of first session. Contact Swimming NT directly to arrange collection.					
	Team Packs will include 1 Coaches and 2 Team Managers programs depending on team numbers.					
Technical Officials	Swimming NT is seeking the assistance of technical officials during the Championships.					
	More information will be available on the website shortly.					
Trophies	Jim Gayton Trophy – Awarded to the female athlete who records the fastest time in a heat or final of the women's 50m freestyle.					
	<b>Paul Kinter Trophy</b> - Awarded to the male athlete who records the fastest time in a heat or final of the men's 50m freestyle.					
	<b>Champion Male/Female</b> - Awarded to the male and female athlete gaining most points in finals and timed finals					
	Champion Distance Male/Female - Awarded to the female athlete who achieved the strongest performance, as measured by the HyTek Single Year Points System, in any one of the following events: the 400m, 800m, 1500m freestyle, 400 individual medley or a 200-form stroke.					
	Judith Green Trophy - Awarded to the athlete gaining the most points in Multi Class events.					
	<b>Swimmer of the Meet</b> - Awarded to the Northern Territory athlete with the most outstanding performance in one or more events, as measured by the HyTek Single Year Points System.					
	<b>Keith Gabel Trophy</b> - Awarded to the NT club whose athletes gain the most points in finals and timed finals of breaststroke, backstroke, and butterfly events at these Championships.					
	<b>Relay Trophy</b> - Awarded to the Club gaining most points in the Championships relay events.					
	NT Open and Age Champion Club Trophy – Awarded to the Club gaining most points during the Open & Age Championships.					



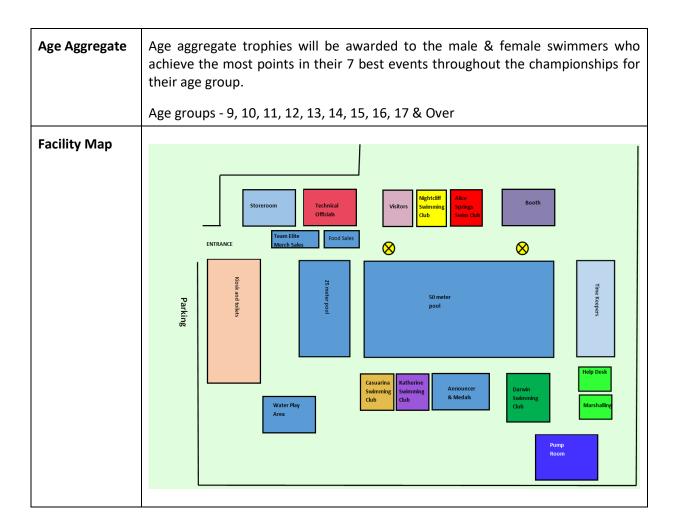
























### **Qualifying Times**

									17 Years
FEMALE	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 Years	& Over
50 FREE	47.00	46.00	43.00	40.60	39.45	38.60	37.85	36.40	35.60
100 FREE	1:40.30	1:38.90	1:32.90	1:28.10	1:26.60	1:24.80	1:22.40	1:19.80	1:17.60
200 FREE	3:36.70	3:32.80	3:20.80	3:11.00	3:08.30	3:05.50	3:03.40	2:55.40	2:49.60
400 FREE						6:01	00		
800 FREE						13:1	0.50		
1500 FREE				22:11.30					
50 BACK	56.00	54.00	50.00	47.75	46.40	45.80	45.20	44.60	43.70
<b>100 BACK</b>	2:03.60	1:54.60	1:46.60	1:41.32	1:39.40	1:38.28	1:37.30	1:37.02	1:36.32
<b>200 BACK</b>						3:25	5.80		
<b>50 BREAST</b>	1:00.00	57.00	54.00	52.00	51.30	50.70	50.10	49.50	47.70
<b>100 BREAST</b>	2:10.50	2:03.80	1:57.40	1:53.40	1:53.26	1:52.70	1:52.00	1:51.30	1:50.60
<b>200 BREAST</b>						3:59	0.00		
50 FLY	55.00	50.00	46.00	44.00	43.18	42.58	41.98	41.38	39.75
100 FLY			1:42.00	1:37.84	1:36.60	1:34.92	1:34.22	1:33.24	1:33.10
200 FLY				3:40.00					
200 IM	4:00.00	3:53.00	3:41.00	3:34.72	3:32.80	3:30.98	3:29.30	3:28.60	3:27.00
400 IM				7:09.60					

									17 Years
MALE	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 Years	& Over
50 FREE	47.00	46.00	43.00	40.60	38.22	36.82	35.10	33.75	31.80
100 FREE	1:40.30	1:38.90	1:32.90	1:28.10	1:23.30	1:20.36	1:15.30	1:13.60	1:11.40
200 FREE	3:36.70	3:32.80	3:20.80	3:11.00	3:01.16	2:51.20	2:45.60	2:42.20	2:39.70
400 FREE						5:35	5.60		
800 FREE						12:0	6.50		
1500 FREE				21:03.00					
50 BACK	56.00	54.00	50.00	47.75	45.50	43.70	40.90	39.10	37.70
<b>100 BACK</b>	2:03.60	1:54.60	1:46.60	1:41.32	1:36.04	1:32.40	1:29.60	1:27.40	1:24.80
<b>200 BACK</b>						3:01	00		
<b>50 BREAST</b>	1:00.00	57.00	54.00	52.00	49.10	47.70	46.90	45.10	43.90
<b>100 BREAST</b>	2:10.50	2:03.80	1:57.40	1:53.36	1:49.48	1:44.72	1:41.92	1:39.40	1:38.00
<b>200 BREAST</b>						3:25	5.00		
50 FLY	55.00	50.00	46.00	44.00	41.80	39.75	38.20	36.60	35.10
100 FLY			1:42.00	1:37.84	1:32.68	1:28.20	1:25.40	1:23.72	1:22.60
200 FLY				3:10.00					
200 IM	4:00.00	3:53.00	3:41.00	3:34.72	3:27.48	3:19.50	3:15.30	3:10.40	3:08.30
400 IM				6:25.60					













# Session 1 Thursday 2<sup>nd</sup> March 2023

Warm-up: 4:15pm - Racing Starts: 5:30pm

Male	Description	Female	NOTES
1	12yrs & over 1500m Freestyle	2	Timed Final
3	9-12yrs 50m Breaststroke	4	Age TF, Junior Heats
5	13yrs & over 50m Breaststroke	6	Age TF, Open Heats
7	Open 50m Breaststroke – Multi-Class	8	Timed Final
9	12yrs & over 200m Backstroke	10	Timed Final
11	11-12yrs 100m Butterfly	12	Age TF, Junior Heats
13	13yrs & over 100m Butterfly	14	Age TF, Open Heats
15	Open 100m Butterfly – Multi-Class	16	Timed Final
17	10yrs & over 4x50m Mixed Medley Relay		Timed Final – Mixed Gender













### Session 2 Friday 3<sup>rd</sup> March 2023

Warm-up: 7:15am - Racing Starts: 8:30am

Male	Description	Female	NOTES
18	12yrs & Over 400m Freestyle	19	Timed Final (Fastest Heat in the Evening Session)
20	Open 400m Freestyle – Multi-Class	21	Timed Final
22	9-12yrs 50m Backstroke	23	Age TF, Junior Heats
24	13yrs & over 50m Backstroke	25	Age TF, Open Heats
26	12yrs & over 200m Breaststroke	27	Timed Final
28	9-12yrs 100m Freestyle	29	Age TF, Junior Heats
30	13yrs & over 100m Freestyle	31	Age TF, Open Heats

# Session 3 (Finals) Friday 3<sup>rd</sup> March 2023

Warm-up: 4:15pm - Racing Starts: 5:30pm

Male	Description	Female	NOTES
18	12yrs & over 400m Freestyle	19	Fastest Heat - Timed Final
203 (B) 203 (A)	9-12yrs 50m Breaststroke – Junior Final	204 (B) 204 (A)	Junior Final
205 (B) 205 (A)	13yrs & over 50m Breaststroke – Open Final	206 (B) 206 (A)	Open Final
211	11-12yrs 100m Butterfly – Junior Final	212	Junior Final
213	13yrs & over 100m Butterfly – Open Final	214	Open Final
222 (B) 222 (A)	9-12yrs 50m Backstroke – Junior Final	223 (B) 223 (A)	Junior Final
224 (B) 224 (A)	13yrs & over 50m Backstroke – Open Final	225(B) 225 (A)	Open Final
32	Open 50m Backstroke – Multi-Class	33	Timed Final
228	9-12yrs 100m Freestyle – Junior Final	229	Junior Final
230	13yrs & over 100m Freestyle – Open Final	231	Open Final
34	Open 100m Freestyle – Multi-Class	35	Timed Final
36.	10yrs & over 4x100m Medley Relay	37	Relay - Timed Final













# Session 4 Saturday 4<sup>th</sup> March 2023

Warm-up: 7:15am - Racing Starts: 8:30am

Male	Description	<b>Description</b> Female			
38	12yrs & over 800m Freestyle	39	Timed Final (Fastest Heat in the Evening Session)		
401	Open - Mixed 50m Backstroke		Participation Meet - Timed Finals		
402	8yrs & under – Mixed 25m Backstroke	9	Participation Meet - Timed Finals		
40	9-12yrs 50m Freestyle	41	Age TF, Junior Heats		
42	13yrs & over 50m Freestyle	43	Age TF, Open Heats		
44	9-12yrs 200m IM	9-12yrs 200m IM <b>45</b>			
46	13yrs & over 200m IM	13yrs & over 200m IM 47			
403	Open - Mixed 50m Breaststroke	Participation Meet - Timed Finals			
404	8yrs & under – Mixed 25m Breaststrok	ke .	Participation Meet - Timed Finals		
48	9-12yrs 100m Backstroke	49	Age TF, Junior Heats		
50	13yrs & over 100m Backstroke	13yrs & over 100m Backstroke 51			
52	9-12yrs 4x50m Freestyle Relay	Relay – Timed Final			
405	Open – Mixed 4x50m Freestyle Relay	Participation Meet - Timed Finals			
54	13yrs & over 4x50m Freestyle Relay	55	Relay – Timed Final		













# Session 5 (Finals) Saturday 4<sup>th</sup> March 2023

Warm-up: 2:30pm - Racing Starts: 3:45pm

Male	Description	Female	NOTES
38	12yrs & over 800m Freestyle	39	Fastest Heat - Timed Final
406	Open - Mixed 50m Freestyle		Participation Meet - Timed Finals
407	8yrs & under – Mixed 25m Freestyle		Participation Meet - Timed Finals
240 (B) 240 (A)	9-12yrs 50m Freestyle – Junior Final	241 (B) 241 (A)	Junior Final
242 (B) 242 (A)	13yrs & over 50m Freestyle – Open Final	243 (B) 243 (A)	Open Final
56	Open - 50m Freestyle – Multi-Class	57	Timed Final
244	9-12yrs 200m IM – Junior Final	245	Junior Final
246	13yrs & over 200m IM – Open Final	247	Open Final
58	Open - 200m IM – Multi-Class Open	59	Timed Final
408	Open - Mixed 50m Butterfly		Participation Meet - Timed Finals
409	8yrs & under – Mixed 25m Butterfly		Participation Meet - Timed Finals
248	9-12yrs 100m Backstroke – Junior Final	249	Junior Final
250	13yrs & Over 100m Backstroke – Open Final	251	Open Final
60	Open - 100m Backstroke – Multi-Class	61	Timed Final
62.	12yrs & over 200m Butterfly	63	Timed Final
64	10yrs & over 4x100 Freestyle Relay	65	Relay – Timed Final













### Session 6 Sunday 5<sup>th</sup> March 2023

Warm-up: 7:15am - Racing Starts: 8:30am

Male	Description	Female	NOTES
66	12yrs & over 400m IM	67	Timed Final (Fastest Heat in the Evening Session)
68	9-12yrs 50m Butterfly	69	Age TF, Junior Heats
70	13yrs & over 50m Butterfly	71	Age TF, Open Heats
72	9-12yrs 200m Freestyle	73	Age TF, Junior Heats
74	13yrs & over 200m Freestyle	75	Age TF, Open Heats
76	9-12yrs 100m Breaststroke	77	Age TF, Junior Heats
78	13yrs & over 100m Breaststroke	79	Age TF, Open Heats
80.	9-12yrs 4x50m Medley Relay	81	Relay – Timed Final
82.	13yrs & over 4x50m Medley Relay	83	Relay – Timed Final

### Session 7 (Finals) Sunday 5<sup>th</sup> March 2023

Warm-up: 2:30pm - Racing Starts: 3:45pm

Male	Description	Female	NOTES
66	12yrs & over 400m IM	67	Fastest Heat - Timed Final
268 (B) 268 (A)	9-12yrs 50m Butterfly – Junior Final	269 (B) 269 (A)	Junior Final
270 (B) 270 (A)	13yrs & over 50m Butterfly – Open Final	271 (B) 271 (A)	Open Final
84	Open – 50m Butterfly – Multiclass	85	Timed Final
272	9-12yrs 200m Freestyle – Junior Final	273	Junior Final
274	13yrs & over 200m Freestyle – Open Final	275	Open Final
86	Open – 200m Freestyle – Multi-Class	87	Timed Final
276.	9-12yrs 100m Breaststroke – Junior Final	277	Junior Final
278.	13yrs & over 100m Breaststroke – Open Final	279	Open Final
88.	Open – 100m Breaststroke – Multi-Class	89	Timed Final
90.	10yrs & over 4x50m Mixed Freestyle Relay		Timed Final – Mixed Gender











